

Cosy Down

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 4 级数: Beginner
编舞者: Jan Brookfield (UK) - December 2020
音乐: Cuddle Up, Cosy Down Christmas (feat. Michael Buble) - Dolly Parton



Dance starts 10 secs in, on the words "cuddle up"

Section 1 : TOUCH OUT, TOUCH IN, STEP, TOUCH; CHASSE LEFT, ROCK BACK, RECOVER

1,2,3,4 Touch R out to right side, touch R next to L, step R out to right side, touch L next to R
5&6,7,8 Chasse side left on L,R,L, rock R back, recover onto L

Section 2 : SIDE, BEHIND, BALL-CROSS, SIDE; SWAY x 2, CHASSE QUARTER TURN LEFT

1,2,&3,4 Step R to right side, step L behind R, step quickly onto ball of R, step L across in front of R,
step R to right side
5,6,7&8 Sway L to left side, sway R to right side; chasse ¼ turn left on L,R,L (9 o'clock)

Section 3 : ROCKING CHAIR; JAZZ BOX, CROSS

1,2,3,4 Rock R forward, recover onto L, rock R back, recover weight onto L
5,6,7,8 Step R across L, step L back, step R side right, step L across R

Section 4 : CHASSE RIGHT, SWAY LEFT/RIGHT; QUARTER TURN, STEP, QUARTER PIVOT, TOUCH

1&2,3,4 Chasse right on R,L,R; rock L to left side swaying hips left, recover weight onto R swaying
hips right
5,6,7,8 Making quarter turn left step L forward, step R forward, quarter pivot left (weight now on L),
touch R next to L (3 o'clock)

START AGAIN

Note : Music slows down at end of song ... improvise and enjoy!
