

Cambio Dolor

拍数: 32 墙数: 4 级数: Improver
编舞者: Eun Mi Lim (KOR) - December 2020
音乐: Cambio Dolor - Natalia Oreiro



Intro: 24 Counts (approx. 15secs) 2 Tags & 2 Restarts ~!

Sec 1: Side, Together, Chasse, Rock Forward, Triple Step

1-2 Step R to right side, Step L next to R
3&4 Step R to right side, Step L next to R, Step R to right side
5-6 Rock forward on L, Recover on R,
7&8 Step L beside R, Step R in place, Step L in place

Sec 2: Forward Mambo, Back Mambo, Forward Lock Shuffle, Forward, 1/4Turn R, Cross

1&2 Rock R forward, Recover on L, Step R slightly back
3&4 Rock L back, Recover on R, Step R slightly forward
5&6 Step R forward, Step L behind R, Step R forward
7&8 Step L forward, 1/4turn R weight onto R (3:00), Cross L over R

***2 Restart : During wall 4 & 9**

Sec 3: Side, Together, Side, Together, Forward, Rock Forward, Shuffle 1/2 L

1-2 Step R to right side, Step L next to R
3&4 Step R to right side, Step L next to R, Step forward on R,
5-6 Rock L forward, Recover on R
7&8 1/4turn L stepping L to left side (12:00), Step R next to R, 1/4turn L stepping L forward (9:00)

Sec 4: Crossing Samba (R-L), Pivot 1/2Turn L, Rock Side, Touch

1&2 Cross R over L, Rock L to left side, Recover on R
3&4 Cross L over R, Rock R to right side, Recover on L
5-6 Step R forward, Pivot 1/2turn L weight onto L (3:00)
7&8 Rock R to right side, Recover on L, Touch R beside L

***2 Tags (4 counts): At end of wall 3 & 8**

Sway (R-L-R-L)

1-2-3-4 Hip sway (R-L-R-L)

***2 Restarts: During wall 4 & 9, Restart the dance after count 16**

Enjoy Dancing Always~!

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