

Hao Shi Yang Yang Lai

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 1 级数: Phrased Improver
编舞者: Penny Tan (MY) & Belinda Yoong (MY) - December 2020
音乐: Hao Shi Yang Yang Lai (好事样样来) - Gean Lim (林必嫻) : (2021年 METRO MUZIK)



Start intro dance approx. 2 seconds (2 counts)
SOD: INTRO / ABB / INTRO / ABB / ABB /A-(16C) / Ending

INTRO(32 Counts)

iSEC1: WALK FWD R-L, FWD SHUFFLE,SIDE,BACK TOUCH L - R

1-2 Walk fwd RF , walk fwd LF
3&4 Fwd shuffle R-L-R
5-6 Step LF to L , touch RF behind LF
7-8 Step RF to R ,touch LF behind RF

iSEC2: WALK BACK L-R , BACK SHUFFLE,SIDE BACK TOUCH R - L

1-2 Walk back LF ,walk back RF
3&4 Back shuffle L-R-L
5-6 Step RF to R , touch LF behind RF
7-8 Step LF to L , touch RF behind LF

iSEC3: 1/4 TURN R , WALK A SMALL ROUND ,TOUCH,¼ TURN L, WALK A SMALL ROUND,TOUCH

1-4 ¼ turn R , walk R-L-R to make a small round , touch LF next to RF(12:00)
5-8 ¼ turn L , walk L-R-L to make a small round, touch RF next to LF(12:00)

iSEC4: CROSS SAMBA R-L , WALK BACK RLR ,STEP

1&2 Cross RF over LF , step LF to L , recover on R
3&4 Cross LF over RF , step RF to R , recover on L
5-8 Walk back R-L-R , step LF next to RF

MAIN DANCE

A(32 Counts)

SECA1: SIDE TOUCH R-L , ROCKING CHAIR

1-2 Step RF to R ,touch LF next to RF
3-4 Step LF to L , touch RF next to LF
5-6 Step RF fwd , recover LF on L
7-8 Step RF back , recover LF on L

SECA2: DIAGONAL SHUFFLE , BRUSH (R-L)

1-4 Diagonally fwd shuffle R-L-R , brush LF diagonally to L
5-8 Diagonally fwd shuffle L-R-L ,brush RF fwd

*short happening here .

**Optional: Short with step change :on count 8 , touch RF next to LF

SECA3: BACK SHUFFLE(R-L-R),BACK ROCK ,RECOVER

1&2 Back shuffle R-L-R
3&4 Back shuffle L-R-L
5&6 Back shuffle R-L-R
7-8 Step LF back ,recover on R

SECA4: HEEL OUT , STEP (L -R), IN PLACE CROSS CHA CHA

1-2 Touch L heel out to L (a bit diagonally), step LF next to RF

3-4 Touch R heel out to R (a bit diagonally), step RF next to LF
5&6& In place, cross LF over RF , lock RF behind LF , cross LF over RF , lock RF behind LF
7&8 In place ,cross LF over RF , lock RF behind LF,cross LF over RF

B(32 Counts)

SECB1: CROSS,HOLD (R-L) , COASTER STEP, FWD SHUFFLE

1-2 Cross RF over LF , hold
3-4 Cross LF over RF, hold
5&6 Step RF back , step LF next to RF , step RF fwd
7&8 Fwd shuffle L-R-L

SECB2: CROSS,KICK DIAGONALLY (R-L) , FWD ROCK , RECOVER ,1/2 TURN R FWD SHUFFLE

1-2 Cross RF over LF , kick LF diagonally to L
3-4 Cross LF over RF , kick RF diagonally to R
5-6 Step RF fwd , recover on L
7&8 ½ turn R , fwd shuffle R-L-R(6:00)

SECB3: FWD , ½ TURN R STEP FWD , FWD SHUFFLE , CROSS,RECOVER ,SIDE CHASSE

1-2 Step LF fwd , ½ turn R ,step RF fwd
3&4 Fwd shuffle L-R-L(12:00)
5-6 Cross RF over LF
7&8 Step RF to R , step LF next to RF ,step RF to R

SECB4: CROSS ,RECOVER ,SIDE TOGETHER ,1/4 L TURN ,FWD ,1/4 TURN L , WALK A SMALL ROUND,FWD

1-2 Cross LF over RF , recover on R
3&4 Step LF to L , step RF next to LF ,1/4 turn L , step LF fwd
5-8 ¼ turn L , walk a small round (5-7), step LF fwd (8) , facing 12:00

ENDING:After the A-(16 counts), dance the Ending : do the 32 counts Intro for the ending

Happy dancing and Happy CNY! Wishing all of you all the best!

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