

Count Your Blessings

拍数: 72 墙数: 4 级数: High Beginner
编舞者: Roly Ansano (USA) - November 2020
音乐: Count Your Blessings - Guy Penrod



Intro: Start on vocals

Sec 1: TOE TOUCHES, COASTER, TOE TOUCHES, COASTER

1-2 Touch R toe forward, touch R toe side
3&4 Cross R behind, step L together, step R forward
5-6 Touch L toe forward, touch L toe side
7&8 Turn 1/4 left and cross L behind, step R together, step L forward (9.00)

Sec 2: TOE TOUCHES, COASTER, TOE TOUCHES, COASTER

1-8 Repeat steps 1-8, Sec 1 (6.00)

Sec 3: FORWARD ROCK, BACK SHUFFLE, BACK STEPS, COASTER

1-2 Rock R forward, recover
3&4 Shuffle back RLR
5-6 Step L back, step R back
7&8 Cross L behind, step R together, step L forward

Sec 4: PADDLE TURNS

1-2 Step R forward, pivot 1/8 left (weight to L)
3-8 Repeat steps 1-2 (3X) (12.00)

Sec 5: LINDY RIGHT, LINDY LEFT

1-4 Chasse side RLR. Rock L back, recover
5-8 Chasse side LRL. Rock R back, recover

Sec 6: TOE STRUT, HALF-TURN SHUFFLE, BACK ROCK, FWD SHUFFLE

1-2 Touch R toe forward, drop heel
3&4 Turn 1/2 right and shuffle back LRL (6.00)
5-6 Rock R back, recover
7&8 Shuffle forward RLR

Sec 7: TOE STRUT, HALF-TURN SHUFFLE, BACK ROCK, FWD SHUFFLE

1-2 Touch L toe forward, drop heel
3&4 Turn 1/2 left and shuffle back RLR (12.00)
5-6 Rock L back, recover
7&8 Shuffle forward LRL

Sec 8: SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, CROSS SHUFFLE

1-2 Rock R side, recover
3&4 Cross R over, step L side, cross R over
5-6 Rock L side, recover
7&8 Cross L over, step R side, cross L over

Sec 9: ROCKING CHAIR, QUARTER TURN, HIP SWAYS

1-4 Rock R forward, recover. Rock R back, recover
5-8 Turn 1/4 left and sway right, left, right, left (9.00)

REPEAT

RESTART: On Wall 3 facing 6.00, dance to the end of Sec 8. Add

1-2 Step R forward, pivot 1/4 left (weight to L) (3.00)

Start Wall 4. Repeat Sec 5 to Sec 9 (12.00)

ENDING: At the end of Wall 4, add

1-4 Rock R forward, recover. Rock R back, recover

5-8 Sway right, left, right, left
