

I'm Here for You

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Amy Glass (USA) - November 2020
音乐: I'm Here for You - Lady Bri : (iTunes - 3:58)



#16 Count Intro.
Restart wall 5 after 32 counts.

[1-7] NC Basic R, Hinge ½ R, Side Cross, Side Rock, ¼ L Recover, Step RF Fwd (Prep)

- 12& Step RF to R, Close LF next to RF, Cross RF over R
- 3 Step on ball of LF while turning ½ R (6:00)
- 4& Step RF to R, Cross LF over R
- 5-6 Rock RF to R, Recover weight fwd on LF while turning ¼ L (can think of this as slow pivot) (3:00)
- 7 Step RF fwd, prepping for upcoming turn (toes to R diagonal)

[8-15] Rolling Full Turn & ¼ R w/ Sweep, Behind Side, Cross Rock, Recover, Step Side, Touch, Sway x2, ¼ L

- 8& Turn ½ R stepping LF back, Turn ½ R stepping RF fwd (3:00)
- 1 ¼ R stepping on LF while sweeping RF from front to back (6:00)
- 2&3& Cross RF behind LF, Step LF to L side, Cross rock RF over LF, Recover weight on LF,
- 4& Step RF to R, Touch LF next to RF
- 5-6 Sway to L, Sway to R
- 7 ¼ L stepping LF fwd (3:00)

[16-23] Chase ¼ L (Starting Diamond Stepping RF to R), Back LR on Diagonal, Side L, Fwd RL, Side R, Back LR, Side L, Run FWD, RL

- 8& Step RF fwd, Pivot ½ L (9:00)
- 1 ¼ R with big step R to R (6:00)
- 2& Step back L, R to diagonal (facing 4:30, moving toward 10:30)
- 3 Step LF to L squaring up to side wall (3:00)
- 4& Run fwd RL to diagonal (1:30)
- 5 Step RF to R squaring up to front wall (12:00)
- 6& Step back L, R on diagonal (facing 10:30, moving toward 4:30)
- 7 Step LF to L squaring up to side wall (9:00)
- 8& Run fwd RL (9:00)

[25-32] Step/Sweep, Cross, Side, Behind/Sweep, Behind Side, Cross Step, Hook, Unwind, Rock Back, Recover

- 1-2& Step RF Fwd while sweeping LF from back to front, Cross LF over RF, Step RF to R
- 3-4& Cross LF behind R while sweeping RF from front to back, Cross RF behind LF, Step LF to L
- 5-6 Cross RF over LF stepping on RF (7:30), Slowly hook LF in front of RF
- 7 Unwind almost full turn (to 6:00/7:30) finishing with weight back on LF
- 8& Rock back on RF, Recover weight forward on LF

[33-40] RF to R diagonal, Cross Behind, RF to R Diagonal, LF to L Diagonal, Cross Behind, LF to L Diagonal, Step RF Fwd, Chase ½ R, Full Turn L

- 1-2& Think "Dorothy" step to diagonals, but danced SMOOTHLY. Angling body to L diagonal step RF to R diagonal, Cross LF behind RF, Step RF to R diagonal
- 3-4& Think "Dorothy" step to diagonal, but danced SMOOTHLY. Angling body to R diagonal step LF to L diagonal, Cross RF behind LF, Step LF to L diagonal
- 5 Step RF fwd
- 6&7 Step LF fwd, Pivot ½ R, Step LF fwd prepping for upcoming turn
- 8& Turn ½ L stepping back on RF, Turn ½ L stepping fwd on LF

[41-48] RF to R diagonal, Cross Behind, RF to R Diagonal, LF to L Diagonal, Cross Behind, LF to L Diagonal, Step RF Fwd, Chase ½ R, Full Turn L

1-2& Think "Dorothy" step to diagonals, but danced SMOOTHLY. Angling body to L diagonal step RF to R diagonal, Cross LF behind RF, Step RF to R diagonal
3-4& Think "Dorothy" step to diagonal, but danced SMOOTHLY. Angling body to R diagonal step LF to L diagonal, Cross RF behind LF, Step LF to L diagonal
5 Step RF fwd
6&7 Step LF fwd, Pivot ½ R, Step LF fwd prepping for upcoming turn
8& Turn ½ L stepping back on RF, Turn ½ L stepping fwd on LF

Restart Wall 5:

Start the dance facing 12:00.

Dance 32 counts then Restart right before "Dorothy" section facing 6:00

Contact: amyleeanne@gmail.com
