I'm Here for You



拍数: 48 墙数: 2 级数: Intermediate

编舞者: Amy Glass (USA) - November 2020

音乐: I'm Here for You - Lady Bri: (iTunes - 3:58)



#16 Count Intro.

Restart wall 5 after 32 counts.

[1-7] NC Basic R, Hinge ½ R, Side Cross, Side Rock, ¼ L Recover, Step RF Fwd (Prep)

12& Step RF to R, Close LF next to RF, Cross RF over R

3 Step on ball of LF while turning ½ R (6:00)

4& Step RF to R, Cross LF over R

5-6 Rock RF to R, Recover weight fwd on LF while turning ¼ L (can think of this as slow pivot)

(3:00)

7 Step RF fwd, prepping for upcoming turn (toes to R diagonal)

[8-15] Rolling Full Turn & 1/4 R w/ Sweep, Behind Side, Cross Rock, Recover, Step Side, Touch, Sway x2, 1/4 L

Turn ½ R stepping LF back, Turn ½ R stepping RF fwd (3:00)
¼ R stepping on LF while sweeping RF from front to back (6:00)

2&3& Cross RF behind LF, Step LF to L side, Cross rock RF over LF, Recover weight on LF,

4& Step RF to R, Touch LF next to RF

5-6 Sway to L, Sway to R 7 ¼ L stepping LF fwd (3:00)

[16-23] Chase ¾ L (Starting Diamond Stepping RF to R), Back LR on Diagonal, Side L, Fwd RL, Side R, Back LR, Side L, Run FWD, RL

2& Step back L, R to diagonal (facing 4:30, moving toward 10:30)

3 Step LF to L squaring up to side wall (3:00)

4& Run fwd RL to diagonal (1:30)

5 Step RF to R squaring up to front wall (12:00)

6& Step back L, R on diagonal (facing 10:30, moving toward 4:30)

7 Step LF to L squaring up to side wall (9:00)

8& Run fwd RL (9:00)

[25-32] Step/Sweep, Cross, Side, Behind/Sweep, Behind Side, Cross Step, Hook, Unwind, Rock Back, Recover

1-2&	Step RF Fwd while sweeping LF from back to front, Cross LF over RF, Step RF to R
3-4&	Cross LF behind R while sweeping RF from front to back, Cross RF behind LF, Step LF to L

5-6 Cross RF over LF stepping on RF (7:30), Slowly hook LF in front of RF Unwind almost full turn (to 6:00/7:30) finishing with weight back on LF

8& Rock back on RF, Recover weight forward on LF

[33-40] RF to R diagonal, Cross Behind, RF to R Diagonal, LF to L Diagonal, Cross Behind, LF to L Diagonal, Step RF Fwd, Chase ½ R, Full Turn L

1-2&	Think "Dorothy" s	ep to diagonals.	but danced SMOOTHLY.	Angling body to L diagonal step

RF to R diagonal, Cross LF behind RF, Step RF to R diagonal

3-4& Think "Dorothy" step to diagonal, but danced SMOOTHLY. Angling body to R diagonal step

LF to L diagonal, Cross RF behind LF, Step LF to L diagonal

5 Step RF fwd

Step LF fwd, Pivot ½ R, Step LF fwd prepping for upcoming turn 8& Turn ½ L stepping back on RF, Turn ½ L stepping fwd on LF

[41-48] RF to R diagonal, Cross Behind, RF to R Diagonal, LF to L Diagonal, Cross Behind, LF to L Diagonal, Step RF Fwd, Chase ½ R, Full Turn L

1-2&	Think "Dorothy" step to diagonals, but danced SMOOTHLY. Angling body to L diagonal step
	RF to R diagonal, Cross LF behind RF, Step RF to R diagonal
3-4&	Think "Dorothy" step to diagonal, but danced SMOOTHLY. Angling body to R diagonal step LF to L diagonal, Cross RF behind LF, Step LF to L diagonal
5	Step RF fwd
6&7	Step LF fwd, Pivot ½ R, Step LF fwd prepping for upcoming turn

Turn $\frac{1}{2}$ L stepping back on RF, Turn $\frac{1}{2}$ L stepping fwd on LF

Restart Wall 5:

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Start the dance facing 12:00.

Dance 32 counts then Restart right before "Dorothy" section facing 6:00

Contact: amyleeanne@gmail.com