

Move It Mi Gente

COPPER KNOB
BY STEPHEN

拍数: 48 墙数: 4 级数: Low Intermediate
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音乐: Mi Gente - J Balvin & Willy William



Intro 16 counts - No Tag No restart

SECTION 1 - Side together side together cross on RF then on LF

1-2 RF to right, close LF to RF
3&4 RF to right, close LF to RF (&), cross RF over LF
5-6 LF to left, close RF to LF
7&8 LF to left, close RF to LF (&), cross LF over RF

SECTION 2 - RF to right extending right hand, close LF to RF, left arm drawing across chest, ¼ left turn, close RF to LF, basic bachata step to right

1 RF to right, extend right arm to right at shoulder level
2 Close LF to RF, drag left arm from right across chest
3 LF forward with ¼ left turn (9 O'clock)
4 Tap RF to LF
5-6 RF to right, close LF to RF.
7-8 RF to right, tap LF to RF

****OPTIONAL : Hand Styling for count 5-8: Right arm across chest with palm facing down, left arm across abdomen with palm facing up, turning arms in clockwise direction, ending the last count with left arm across chest with palm down and right arm across abdomen with palm up**

SECTION 3 - Rolling vine, rock forward & recover, ¼ left turn, sway hips right and left

1 LF forward ¼ turn left
2 RF back ½ turn left
3 LF to left ¼ turn left
4 Tap RF to LF
5-6 RF rock forward, pushing right hip forward. Recover on LF, pushing butt backward
7-8 ¼ turn left, swaying right hip to right and left with ending weight on LF (6'O clock)

SECTION 4 - RF forward, touch LF behind RF, replace weight on LF, touch RF in front of LF. RF LF out to side and close with slight jump, RF to right, drawing a clockwise hip circle, close LF to RF

1& RF forward, touch LF behind RF
2& Replace weight on LF, touch RF in front of LF
3-4 RF to right and LF to left (3), close feet together with a slight jump (4)
5 RF to right, hip swaying to right
6-7 Hip drawing big circle clockwise
8 Tap LF to RF

SECTION 5 - Sailor ¼ left, forward RF and hitch LF. Side step left and LF coaster step

1&2 LF behind RF with ¼ left turn (1), RF to right (&), LF to left (2) - (3 O'clock)
3-4 RF forward, hitch LF
5-6 LF to left, close RF to LF
7&8 LF back (7), close RF to LF (&), LF forward (8)

SECTION 6 - RF cross LF, unwind full turn left, forward RF and press LF forward, body roll, step left with side body roll, close RF

1-2 RF cross LF, unwind full turn left (3 O'clock)
3-4 LF small step forward, RF forward

5-6 Press forward LF with body roll

7-8 LF to left with right side body roll, close RF to LF with right hip bump

Hope you enjoy my Bachata

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