

Sissi's Dance (P)

COPPER KNOB
STEPSHEETS

拍数: 56 墙数: 0
编舞者: Dan Albro (USA) - 18 June 2013
音乐: Her Life's a Song - Alan Jackson

级数: Intermediate Pattern Partner



Choreographed especially for Sylviane Moreau and first danced at Madison Country Briollay, 2013

Intro: 32 count intro, start with vocals

Start: Side by side position, man inside, lady outside, facing FLOD (like footwork except where noted)

[1-8] HEEL, HOOK, HEEL, HEEL, & HEEL, HOLD, STOMP, STOMP

1,2,3,4 Touch R heel fwd, hook R in front of L, touch R heel fwd, touch R heel fwd
&5,6 Quickly step R next to L, touch L heel fwd, hold
&7,8 Quickly step L next to R, stomp R, stomp R

[9-16] STEP, LOCK, STEP, BRUSH, STEP, LOCK, STEP, BRUSH

1,2,3,4 Step fwd R, lock L behind R, step fwd R, brush L fwd
5,6,7,8 Step fwd L, lock R behind L, step fwd L, brush R fwd

[17-24] ROCKING CHAIR, ROCK, ¼ TURN, STEP, TOUCH(Indian position facing OLOD)

1,2,3,4 Rock fwd R, replace weight on L, rock back R, replace weight on L
5,6,7,8 Rock fwd R, replace weight on L, turn ¼ right stepping side R, touch L toe next to R

[25-32] ROCKING CHAIR, LADIES STEP ½ PIVOT, STEP, TOUCH

1,2,3,4 both: Rock fwd L, replace weight on R, rock back L, replace weight on R
5 man: Rock fwd L bring left hand over ladies head
6,7,8 man: Replace weight on R releasing hands reconnecting in closed social, touch L toe next to R, hold
5,6,7,8 lady: Step fwd L, pivot ½ right weight on R, step fwd L, touch R toe next to L

[33-40] RUMBA BOX

1,2,3,4 man: Step side L, step R next to L, step fwd L, touch R toe next to L
5,6,7,8 man: Step side R, step L next to R, step back R, touch L toe next to R
1,2,3,4 lady: Step side R, step L next to R, step back R, touch L toe next to R
5,6,7,8 lady: Step side L, step R next to L, step fwd L, touch R toe next to L

[41-48] LADIES STEP ½ PIVOT, STEP, TOUCH, WEAVE

1,2 man: Rock back L placing ladies right hand in man's right hand, replace weight on R
3,4 man: Step fwd L picking up ladies left hand, step R next to L
1,2,3,4 lady: Step fwd R, pivot ½ left weight on L, step fwd R, touch L next to R
5,6,7,8 both: Step side L, cross R behind, step side L, cross R over

[49-56] LADIES TURN, STEP, BRUSH, STEP, BRUSH

1 man: Turn ¼ left stepping fwd L releasing ladies left hand and bring ladies right over her head
2,3,4 man: Step fwd R, step fwd L picking up ladies left hand back to side by side, brush R fwd
1,2,3,4 lady: Turn ¼ right stepping back L, turn ½ right stepping fwd R, step fwd L, brush R fwd
5,6,7,8 both: Step fwd R, brush L, step fwd L, brush R

Encore

Contact: 200 Mishnock Road, West Greenwich, RI 02817 mishnockbarn.com mishnockbarn@gmail.com

