

Night Shift

拍数: 32 墙数: 1 级数: Beginner
编舞者: Chatti the Valley (ES) & Adela Ortega (ES) - November 2020
音乐: Night Shift - Jon Pardi



Intro: 16

[1-8]: Right SIDE, TOGETHER, Right RUMBA BOX, Left SIDE, TOGETHER, Left RUMBA BOX Back.

1 Step right to right side
2 Step left beside right foot
3 Step right to right side
& Step left beside right foot
4 Step right forward
5 Step left to left side
6 Step right beside left foot
7 Step left to left side
& Step right beside left foot
8 Step left back

[9-16]: Right COASTER STEP, Left SHUFFLE, Left STEP TURN, Right SHUFFLE.

1 Step right back
& Step left back, beside right foot
2 Step right forward
3 Step left forward
& Step right near left
4 Step left forward
5 Step right forward
6 ½ turn left, weight on left foot (6:00)
7 Step right forward
& Step left forward, near right
8 Step right forward

[17-24]: Left Side ROCK STEP, Left BEHIND, SIDE, CROSS, Right Side ROCK STEP, Right SHUFFLE.

1 Step left to left side
2 Recover weight on right foot
3 Step left behind right foot
& Step right to right side
4 Cross left over right
5 Step right to right side
6 Recover weight on left foot
7 Step right forward
& Step left forward, near right
8 Step right forward

[25-32]: Right STEP TURN, Left SHUFFLE, Right & Left Side MAMBO ROCK.

1 Step left forward
2 ½ turn right, weight on right foot (12:00)
3 Step left forward
& Step right near left
4 Step left forward
5 Step right to right side
& Recover weight on left foot

- 6 Step right beside left foot
- 7 Step left to left side
- & Recover weight on right foot
- 8 Step left beside right foot

START AGAIN
