

Tired Of Getting My Butt Kicked

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Improver
编舞者: Pia Rossen (DK) - November 2020
音乐: Tired of Getting My Butt Kicked - The Bellamy Brothers



INTRO: 16 counts. Weight on L foot.

RESTART; Wall 5 after 32 counts.

(1-8) VINE CROSS, R SIDE ROCK , CROSS HOLD

1-2 Step R to R side, cross L behind R
3-4 Step R to R side, cross L over R
5-6 Step R to R side, recover weight on L foot
7-8 cross R over L, hold

(9-16) VINE CROSS, L SIDE ROCK, CROSS HOLD

1-2 Step L to L side, cross R behind L
3-4 Step L to L side, cross R over L
5-6 Step L to L side, recover weight on R foot
7-8 Cross L over R, hold

(17-24) 1/4 MONTEREY TURN R, ROCKING CHAIR

1-2 Point R toe to R side, turn 1/4 R stepping R next to L
3-4 Point L toe to L side, step L next to R
5-6 Step R fwd, recover weight onto L
7-8 Step back on R, recover weight onto L

(25-32) STEP TURN 1/2 L, STEP HOLD, STEP TURN 1/2 R, STEP HOLD

1-2 Step R fwd, turn 1/2 L
3-4 Step R fwd, hold
5-6 Step L fwd, turn 1/2 R
7-8 Step L fwd, hold

Restart here wall 5.

(33-40) HEEL V- STEP, STEP TURN 1/4 L x 2

1-2 Step R heel fwd and out , step L heel fwd and out
3-4 Step R back, step L back next to R
5-6 Step R fwd, turn 1/4 L
7-8 Step R fwd, turn 1/4 L

(41-48) HEEL GRIND CROSS SHUFFLE , CROSS ROCK, SIDE ROCK

1-2 Cross R heel over L grinding heel on the floor from L to R, step L to L side
3-4 Cross R heel over L grinding heel on the floor from L to R, step L to L side
5-6 Cross R over L, recover weight onto L
7-8 Step R to R side, recover weight onto L

(49-56) JAZZBOX, STEP TOUCH, BACK HOOK

1-2 Cross R over L, step L back
3-4 Step R to R side, step L fwd
5-6 Step R fwd, touch L toe behind R
7-8 Step L back, hook R in front of L

(57-64) STEP SCUFF x 2, BACK TOUCH x 2

1-2 Step R fwd, scuff L heel fwd
3-4 Step L fwd, scuff R heel fwd
5-6 Step R back, touch L toe next to R
7-8 Step L back, touch R toe next to L

START AGAIN.

RESTART: On wall 5: (starts 12.00) after 32 counts, (now facing 3.00)

ENDING; WALL 8 is the last wall. Dance the first 16 counts, then do the 1/4 monterey slowly, sweep R fwd cross over L and pose while the music fades away.

Last Update - 21 Nov. 2020
