

My Distance

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Karen Raines (AUS) - October 2020
音乐: Distance - Ruel : (3:01)



Weight on right Dance starts after 8 counts

S1: Step forward on left, 1/8 side together side, left twinkle, cross, 1/4 back, half, step forward on left

12&3 Step forward on left, 1/8 11oclock on right, step left next to right, step left to the side

4&5 Cross left over right, step right to the side, replace left (twinkle)

6&78 Cross right over left, step 1/4 back on left 1 o'clock, step 1/2 on right 7oclock, step forward on left

S2: Ball step forward right left, replace right, step back on left, back, 1/8 ball cross, 1/4 back, 1/4 side ,ball cross , ball cross

&123 Ball step forward right, left, replace right, step back on left

4&5 Step back on right , 1/8 to the side on left 6oclock, cross right over left

6&7&8 Step 1/4 back on left 9oclock, step 1/4 on right 12oclock, cross left over right, step right to the side, cross left over right

S3: Side, behind, ball cross, side , point, step on left, cross, side, 1/8 back 1oclock, step back on left

12&3&4 Step right to the side, step left behind right, step right to the side, cross left over right, step right to the side, point left to the side

56&78 Step on left cross right over left, step left to the side, step right back 1/8 1oclock, step left back

S4: Side 1/8, forward 1/8, forward, side 1/8, back 1/8, back, side, forward, forward, together, forward, 1/2 , 1/2

&12&3 Step 1/8 to the side on right 3oclock, step 1/8 forward on left 5oclock, step forward on right, step 1/8 to the side on left 6oclock, step back 1/8 back on right 7oclock

4&56&7&8 Step back on left, step 1/8 on right 9oclock , step forward on left, forward right, step left next to right, forward right , 1/2 back on left 3oclock, 1/2 on right 9oclock

Restart dance

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