Slide On!



拍数: 32 **墙数:** 4 **级数:** High Beginner

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音乐: Slide - The Cadillac Three



*2 easy tags with an immediate restart after 16 counts. Walls 1 and 4 TAG: V step (step R to R, step L to L, bring R to center, bring L to center)

STEP, SLIDE, HEEL SWITCHES

1,2 Take a big step to R, sliding L to R, step on your L (weight on L)

3&4& R heel forward, R to center, L heel forward, L to center

5&6& R Heel, R Hook, R Heel, R to Center

7&8& L heel forward, L center, R heel forward, R to center (weight on R)

STEP, SLIDE, HIP BUMPS, SWAYS

1,2 Take a big step to L, sliding R to L (R touching L) (weight on L)

3&4 2 hip bumps to R (R,L,R) (weight on R) 5&6 2 hip bumps to L (L,R,L) (weight on L)

7,8 Sway hip to R, sway hip to L (weight on L) *(if you prefer, you can replace sways with a hip

roll)

*Both Tags with immediate Restarts

Wall 1 (you will be facing 12:00) Wall 4 (you will be facing 6:00)

ROCK, RECOVER, TRIPLE 1/2 TURN, ROCK, RECOVER, 3/4 TRIPLE TURN LEFT

1,2 3&4 Rock forward on R, recover on L, make 1/2 shuffle R (R,L,R) (6:00) 5,6 7&8 Rock forward on L, recover on R, make a 3/4 shuffle L (L,R,L) (9:00)

SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS, SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS

1,2 3&4 Rock R to R, recover on L, step R behind L, step L to L, cross R over L 5,6 7&8 Rock L to L, recover on R, step L behind R, step R to R, cross L over R

Have fun, feel the music and make it your own, especially in section 2. (Hip bumps, hip rolls or applejacks would be awesome as well)

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