

Boom Cha

拍数: 32 墙数: 2 级数: Beginner
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音乐: Boom Cha (feat. Zuzuka Ponderosa) - Anahi



Intro : 32 counts - ** No Tag, No Restart

Sec.1) R Hip Bumps, Behind, Side, Cross, L Hip Bumps, Behind, 1/4R, Forward

1-2 RF to R side with push R hip to up (1), Push R hip to up (2)
3&4 Cross RF behind LF (3), LF to L side (&), Cross RF over LF (4)
5-6 LF to L side with push L hip to up (1), Push L hip to up (6)
7&8 Cross LF behind RF (7), 1/4R RF forward (&) (3:00), LF forward (8)

Sec.2) (Rock Forward, Coaster Step) (R, L)

1-2 Rock RF forward (1), Recover LF (2)
3&4 RF back (3), LF next to RF (&), RF forward (4)
5-6 Rock LF forward (5), Recover RF (6)
7&8 LF back (7), RF next to LF (&), LF forward (8)

Sec.3) Samba Step (R, L), Jazz Box 1/4R

1&2 Cross RF over LF (1), Rock LF to L side (&), Recover RF (2)
3&4 Cross LF over RF (3), Rock RF to R side (&), Recover LF (4)
5-6 Cross RF over LF (5), 1/4R LF back (6) (6:00)
7-8 RF to R side (7), LF forward (8)

Sec.4) Rock Forward, Triple Step (R, L)

1-2 Rock RF forward (1), Recover LF (2)
3&4 RF next to LF (3), LF in place (&), RF in place (4)
5-6 Rock LF forward (5), Recover RF (6)

(Option : On the count of 5-6, Body rolling)

7&8 LF next to RF (7), RF in place (&), LF in place (8)

(Option : On the count of 7&8, Shoulder shimmy & hip move)

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