

Beer to Wine

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Upper Beginner
编舞者: Linda Pink (AUS) - November 2020
音乐: Feel It in the Morning - Rascal Flatts : (Album: How they Remember You - 3:13)



Introduction Counts: 5 Seconds, Start on Lyrics - No Tag/Restarts

Slow Teach Song

Song: Starting Over By: Chris Stapleton Album: Starting Over
Count: 32 Walls: 4 Level: Upper Beginner Date: November 2020
Introduction Counts: 32 Min: 4.00

Tag/Restart On Wall 4 facing 3 o'clock wall, Dance to Count 8 #
Add on a Rocking Chair and Restart the dance.

WALK, WALK, MAMBO FORWARD, BACK, BACK, COASTER STEP

1,2 Step Forward R,L
3&4 Step R Forward, Rock Back onto L, Step R Back
5,6 Step Back L,R
7&8 # Step L Back, Step R next to L, Step L Forward 12

PIVOT TURN, SHUFFLE FORWARD, PADDLE TURN, CROSS SHUFFLE

1,2 Step R Forward, Turn ½ turn Left taking weight onto L 6
3&4 Right Shuffle Forward, Step R,L,R
5,6 Step L Forward, Turn ¼ Right take weight on R 9
7&8 Step L across in front of R Stepping L,R,L

VINE RIGHT & TOUCH, VINE LEFT & TOUCH

(Alt Harder Rolling Vines Right & Left)

1,2 Step R to the side, Step L behind R,
3,4 Step R to the side, Touch L next to R
5,6 Step L to the side, Step R behind L,
7,8 Step L to the side, Touch R next to L 9

PIVOT TURN, PIVOT TURN, JAZZ BOX

(Alt Easier option replace 2 Pivots with a Rocking Chair)

1,2 Step R Forward, Turn ½ turn Left taking weight onto L 3
3,4 Step R Forward, Turn ½ turn Left taking weight onto L 9
5,6 Step R across in front of L, Step L back
7,8 Step R to the side, Step L Forward

Tag/Restart only for the song "Starting Over"

Tag/Restart On Wall 4 facing 3 O'Clock wall, Dance to
Count 8 # Add on a Rocking Chair and Restart the dance.

1,2 Rocking Chair: Step R forward, Rock back onto L
3,4, Step R back, Rock forward on L