

Heart of My Heart

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Jeannette Tisch (NZ) - August 2020
音乐: Heart of My Heart - The Bellamy Brothers : (Album: Over The Moon)



Intro: Start after 16 counts, on the word Go. _____

DOROTHY STEPS RIGHT AND LEFT, 2 x ¼ LEFT PIVOT TURNS

1,2 & Step fwd on right, Lock/Step left behind right, step fwd on right
3,4 & Step fwd on left, Lock/Step right behind left, step fwd on left
5-6 Step right fwd, ¼ paddle turn left onto left
7-8 Step right fwd, ¼ paddle turn left onto left

GRAPEVINE LEFT WITH RIGHT HEEL DIG. SYNCOPATED GRAPEVINE RIGHT

1-2 Step right over left, step left to left side
3&4 Step right behind left, step left in place, heel jack with right heel
&5&6 Step right back, cross left over right, step right to right, cross left behind right
&7-8 Step right back, rock fwd on left, rock back on right

ROCK BACK, STEP FORWARD, RECOVER, STEP TOGETHER, STEP FORWARD ½ PIVOT RIGHT, FULL TURN RIGHT, STEP TOGETHER, ROCK, RECOVER

&1,2 Rock back on left, step fwd on right, recover on left
&3,4 Step right back beside left, step left fwd and pivot ½ turn right
5&6 Step fwd left, ½ turn right, stepping back, ½ turn right, stepping fwd on left
&7-8 Step right beside left, rock fwd on left, recover right

ROCK BACK ON LEFT, ROCK SIDE BEHIND R & L,

&1,2 Rock back on left, rock right on to right, step left behind right
&3,4 Recover right, rock left on to left, step right behind left
&5,6 Step fwd left, rock fwd right. Recover left
&7,8 Step right beside left, step fwd left, ½ pivot right on left

SAMBA STEPS LEFT AND RIGHT, SHUFFLE FWD LEFT, RIGHT, LEFT, TURNING ½ SHUFFLE BACK LEFT, RIGHT, LEFT, RIGHT

1&2 Side rock left, recover right, cross left in front of right
3&4 Side rock right, recover left, cross right in front of left
5&6 Shuffle fwd left, right, left
7&8 ½ turn left, shuffle back, right, left, right

SHUFFLE LEFT, RIGHT, LEFT TURNING ½ LEFT, MAMBO STEPS RIGHT AND LEFT, STEP FORWARD RIGHT, ½ TURN LEFT

1&2 Shuffle fwd ½ left, shuffling left, right, left
3&4 Mambo fwd on right, back on left, back on right
5&6 Mambo back on left, fwd on right, back on left
7-8 Step fwd on right, ½ turn left

SIDE CHASSE, ROCK BACK, RIGHT AND LEFT

1&2 Shuffle side right, right, left, right
3-4 Rock left behind right, recover on right
5&6 Shuffle side left, left, right, left
7-8 Rock right behind left, recover left

¼ TURN SIDE CHASSE, ½ TURN SIDE CHASSE, ½ TURN SIDE CHASSE, FWD LEFT ½ TURN RIGHT

ON BALLS OF BOTH FEET, STEP LEFT NEXT TO RIGHT.

1&2 ¼ Turn right, chasse right,, left, right

3&4 ½ Turn left, chasse left, right, left

5&6 ½ Turn right, chasse right, left, right

7&8 Step fwd on left, ¼ turn right, turn ½ turn left, step left beside right

START AGAIN

No tags, No restarts

To end the Dance; Dance the first 20 counts, step fwd on left, ½ turn right to 12 o'clock and Touch right toe beside left foot.

THIS SONG AND DANCE IS DEDICATED TO SOMEONE SPECIAL TO ME

Last Update - 20 Oct. 2022
