

# The Long Road

拍数: 64      墙数: 2      级数: Novice WCS  
编舞者: Martina Bucco (DE) - November 2020  
音乐: The Long Road - Yvonne Fahy & Marc Roberts : (Album: Yvonne Fahy - Diversity)



## [1-8] Walk 2x, Steps in place 3x, Chassee 1/2 turn, Coaster Step 1/2 turn

1-2            RF step forward, LF step forward  
3&4           RF step behind LF, LF step in Place, RF step in place  
5&6           LF step left with 1/4 turn left, RF step beside LF, LF step forward with 1/4 turn left  
7&8           RFs tep back with 1/2 turn left, LF step beside RF, RF step forward

## [9-16] Side Rock, Cross, Side Rock, Cross, Shuffle, Step 1/2 turn

1&2           LF step left (weight LF), weight back to RF, LF cross over RF  
3&4           RF step right (weight RF), weight back to LF, RF cross over LF  
5&6           LF step forward, RF step behind LF, LF step forward  
7-8           RF step forward, 1/2 turn left on both feet

## [17-32] Repeat counts 1-16

At beginning of wall two dance counts 1-16 only one time. Continue with counts 33-64.

## [33-40] Box, Step 1/2 turn, Step, Touch, Step, Touch

1&2           RF step right, LF step beside RF, RF step back  
3&4           LF step left, RF step beside LF, LF step forward  
5&6           RF touch forward, 1/4 turn left (change weight to RF), 1/4 turn left  
7&8           LF step diagonal left forward, RF touch beside LF, RF step diagonal right forward, LF touch beside RF

(Option: With slightly bent knee, Turn the knee slightly outwards)

## [41-48] Cross Over, Step Back, Step Diagonal Back, Cross Over, Step Back, Step Diagonal Back, Paddle Turn

1&2           LF cross over RF, RF step back, LF step left  
3&4           RF cross over RF, LF step back, RF Step right  
5-6           RF 1/4 turn right, LF touch left, 1/4 turn right, LF touch left  
7-8           RF 1/4 turn right, LF touch left, 1/4 turn right, LF touch left

Instrumental Part: Dance only Part 33-48. Count 48 LF step beside RF. Start the dance again.

## [49-56] Touch Step 2x, Kick Ball step, Cross Over, Step

1-2           LF touch forward with hip bump, LF step forward  
3-4           RF touch forward with hip bump, RF step forward  
5&6           LF kick forward, LF step next to RF, RF step forward  
7&8           LF cross over RF, RF step back with 1/4 turn left, LF step LF

## [57-64] Heel Turn, Coaster Step, Step, 1/2 Turn, Step, 1/2 Turn, 1/2 Turn, Step

1&2           RF step on heel, 1/4 turn right, LF step back, RF step back  
3&4           LF step back, RF step beside LF, LF step forward  
5&6           RF step forward, 1/2 turn left (change weight to LF), RF step forward  
7&8           LF step back with 1/2 turn right, RF step forward with 1/2 turn right, LF step forward

Enjoy Dancing :-)