

Way Is Up

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Mark Treacy (USA) - October 2020
音乐: Which Way is Up - Stargard



Count In: 32 after the guitar starts

Rotations: 8

Part 1: 16 Counts (Rock Run Cha)

Rock Up, Cha Cha Turn, Walk, Run

1-2,3&4,5-8 Rock Up R, Cha Cha Turn R, Walk L R L R

1-2,3&4,5-6,7&8& Rock Up L, Cha Cha Turn L, Walk R L, Run R L R L

Part 2: 16 Counts (Bus Stop Heel Pump)

Bus Stop Turns, Turn $\frac{1}{4}$ side/recover, Jazz Box, Heel Pump

1&2,3-4 Bus Stop (Ballroom) Turn R L R, L back - recover R

5&6,7-8 Bus Stop (Ballroom) Turn reverse L R L, R back - recover L

1-8 Turn $\frac{1}{4}$ L, R side - recover L, Jazz Box R over L, L R L, Pump R Heel for 2

Repeat parts 1 (Rock Run Cha) and 2 (Bus Stop Heel Pump) until end of dance

On 7th rotation - Get Funky With It!

Contact: linedanceforhealth@gmail.com