

Catch a Good Time

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Terri Martin (USA) & Amy Willingham (USA) - October 2020
音乐: GOOD TIME - Niko Moon : (3:34)



Dance begins on the word "Good" approximately 4 seconds into track

Step, Shuffle, Rock, Recover, 1/4, Weave 1/4 turn, Step, pivot 1/2, Step

1-2&3 Step Fwd on R, Step Fwd on L, Step R next to L, step Fwd on L
4&5 Rock Fwd on R, Recover L, ¼ turn R on R (3:00)
&6&7 Cross L over R, Step R to R, Cross L behind R, ¼ Turn R Stepping Fwd on R (6:00)
8&1 Step Fwd on L, Pivot ½ Turn R on R, Step Fwd on L (12:00)

1/2 Turn, 1/2 Turn Shuffle, Rock fwd with Press, Recover, Sweep, Sailor Step, Touch

2-3&4 Turn ½ L Stepping back on R, Turn ½ L Stepping Fwd on L, Step R next L, Step L Fwd(12:00)
5-6 Rock Fwd with Press on R, Sweep R while recovering on L
7&8& Step R behind L, Step L next to R, step to R on R, Touch L next to R (12:00)

Note: Restart here on wall 6, replacing touch with step on L

1/4 Turn, Lock, Step, Lock, Step, Scuff, 1/4 Turn L, Touch, 1/4 Turn L, Scuff, 1/4 Turn L, Touch, Scissor Step

1-2 ¼ Turn L Stepping Fwd on L, Step R behind L (9:00)
3&4 Step Fwd on L, Step R behind L, Step Fwd on L
&5& Scuff R next L, ¼ Turn R Stepping Fwd on R, Touch L next to R (6:00)
6&7& ¼ Turn L on L (3:00), Scuff R next to L, ¼ Turn L on R (12:00), Touch L next to R
8&1 Step L to L, Step R next to L, Cross L over R (12:00)

Unwind Full turn with Sweep, Behind, Side, Fwd, Step, Pivot 1/2, Fwd, 1/2 Turn, 1/2 Turn

2-3 Unwind to R ¾ turn, Continue ¼ Unwind Sweeping R (12:00)
4&5 Step R behind L, Step L to L, Step R Fwd
6&7 Step L Fwd, Pivot ½ Turn to R, Step Fwd on L (6:00)
8& ½ Turn to L Stepping back on R, ½ Turn L stepping fwd on L (6:00)

Note: Dance ends after count 6 stepping fwd on L facing 12:00 on Wall 8

One Restart: Wall 6 Facing 6 O'Clock

After Count 16, Replace the touch with a step on L (16&), Begin Dance again facing 6:00

Enjoy the music and the dance!