

I Like Your Soul

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Jill Weiss (USA) - November 2020
音乐: Soul - Lee Brice



#16 Count Introduction - 1 easy tag/restart

ROCKING CHAIR, BUMPING TOE STRUTS

1-2-3-4 Rock forward right, replace weight back to left, rock back on right, replace back to left
5&6 Touch R toe forward bumping hip to right, move hip back to center, step R heel down with weight
7&8 Touch L toe forward bumping hip to left, move hip back to center, step L heel down with weight

(Easier option - toe struts without bump - stepping forward toe/heel R, then toe/heel L)

TURNING ROCKING CHAIR, SHUFFLE RIGHT, ROCK BACK, REPLACE (LINDY RIGHT)

1-2 Rock forward on right, replace weight back to left
3-4 Turn ¼ to right while rocking back on right (3:00), replace weight forward to left
5&6 Step right to right, step left next to right, step right to right
7-8 Rock back on left replace weight forward to right (3:00)

SIDE, BEHIND, SIDE ROCK, BEHIND, SIDE, CROSSING SHUFFLE

1-2 Step left to left side, step right behind left,
3-4 Rock left to left side, replace weight to right
5-6 Step left behind right, step right to right
7&8 (Crossing shuffle) Step left in front of right, step right to right, step left in front of right (3:00)

STEP TOUCH 2 X, STEP OUT, HOLD, HIP ROLL

1-2 Step right to right, touch left next to right (snap or clap on touch)
3-4 Step left to left, touch right next to left (snap or clap on touch)
5-6 Step right to right, hold
7-8 Roll hip clockwise full circle so that weight ends on left (option for full body roll, two hip bumps, or just hold!)

TAG/RESTART ON WALL 4 - START FACING 9:00, RESTART AT 12:00

Dance first 8 counts

Second set of 8 as follows:

TURNING ROCKING CHAIR, STEP OUT, HOLD, HIP ROLL

1-2 Rock forward on right, replace weight back to left
3-4 Turn ¼ to right while rocking back on right (12:00), replace weight forward to left
5-6 Step right to right, hold
7-8 Roll hip clockwise full circle so that weight ends on left (option for full body roll, two hip bumps, or just hold!)

(SAME AS LAST 4 COUNTS OF DANCE!)

OPTIONAL ENDING: Dance ends after the turning rocking chair at 9:00, you can step right ¼ turn further to 12:00 to end on the front.

HAVE FUN!!

Contact: Jill Weiss - Email: jill@freespindance.com - www.jkshuffles.com

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