

Come on, Get with it!

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Ursula Traffelet (CH) - November 2020
音乐: That's Rock 'n' Roll - Billie Joe Armstrong : (Album: That's Rock 'n' Roll)



Dance starts directly

[1-8] Elvis Knees

1,2 RKnee in, weight is on left, Hold
3,4 Change weight on right and LKnee in, Hold
5,6 Change weight on left and RKnee in, change weight on right and LKnee in
7,8 Change weight on left and RKnee in, Hold

[9-16] Grapevine right, Grapevine left ¼ turn left, brush

1,2 RF Step to right side, LF cross behind right
3,4 RF Step to right side, touch LF next to right
5,6 LF Step to left side, RF cross behind left
7,8 1/4 turn left LF step, brush RF

[17-24] R Triple Fwd, ½ Step Turn, ½ Triple Turn I, Rock back r

1&2 RF Step Fwd, LF Step together, RF Step Fwd (09:00)
3,4 LF Step Fwd, turn ½ right (weight on RF) (03:00)
5&6 LF Step Fwd ¼turn right, RF Step Together ¼ turn right, LF Step back (09:00)
7,8 RF step back, weight recover to LF

[25-32] R Step Turn, Step Turn, Rock Step side, Back step

1,2 RF Step ½ turn left (weight on LF)
3,4 RF Step ½ turn left (weight on LF)
5,6 RF Step to right, weight recover to LF
7,8 RF Step back, weight recover to LF

Start again and enjoy the dance

Ursula Traffelet - ursula.traffelet@gmx.ch - <http://www.countrydance.ch>