

Lullaby Of Birdland

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Dolly Embee (CAN) - March 2020
音乐: Lullaby of Birdland (feat. Quincy Jones) - Nikki Yanofsky



Rotation: CCW

SECTION-1 Modified Rhumba Box

1-2-3&4 —Step right with rt, close with lt, shuffle fwd rt-lt-rt
5-6-7&8 —Step left with lt, close with rt, shuffle back lt-rt-lt

SECTION-2 Rock Back, Recover, Cha-Cha On Spot; 2×

1-2-3&4 —Rock back on rt (w/ slight body-turn to right), recover on lt, cha-cha rt-lt-rt
5-6-7&8 —Rock back on lt (w/ slight body-turn to left), recover on rt, cha-cha lt-rt-lt

SECTION-3 Angled Step-Lock , Step-Lock-Step Fwd With Rt; Lt

1-2-3&4 —With rt, step-lock, step-lock-step fwd at angle
5-6-7&8 —With lt, step-lock, step-lock-step fwd at angle

SECTION-4 Rocking-Chair, Paddles To Left (Cuban Hips Option)

1-2-3-4 —Full rocking-chair fwd, back, leading with rt
5-6-7-8 —Rt fwd, 1/8th paddles to left, 2× ("cuban-hips" option)

~ NOW @ WALL 9:00—ENJOY DANCE AGAIN ON NEW WALL ! ~

Choreographer's Note: This goes well with many tunes—so makes a great "party-dance" !
