

Nobody's Cha

COPPERKNOB
BYEPOSTETS

拍数: 32 墙数: 4 级数: High Beginner Cha Cha
编舞者: Malene Jakobsen (DK) & Adam Åstmar (SWE) - November 2020
音乐: Nobody's Lover (feat. Lord Siva) - Clara : (iTunes)



Intro: 3 counts from the beginning 2 sec. seconds into track on the word morning - dance begins with weight on L

[1-9] Cross, side rock, cross shuffle, 1/4, side, cross shuffle

1-2-3 (1) Cross R over L, (2) rock L to L, (3) recover onto R 12.00
4&5 (4) Cross L over R, (&) step R to R, (5) cross L over R 12.00
6-7 (6) Turn 1/4 L stepping back on R, (7) step L to L 9.00
8&1 (8) Cross R over L, (&) step L to L, (1) cross R over L 9.00

[10-17] Side rock, behind, side, cross, side rock, behind, side, fwd.

2-3 (2) Rock L to L swaying hips, (3) recover onto R 9.00
4&5 (4) Cross L behind R, (&) step R to R, (5) cross L over R 9.00
6-7 (6) Rock R to R swaying hips, (7) recover onto L 9.00
8&1 (8) Cross R behind R, (&) step L to L (1) step fwd. on R 9.00

[18-25] Fwd. rock, shuffle 1/2, fwd. rock, shuffle back,

2-3 (2) Rock fwd. on L, (3) recover onto R 9.00
4&5 (4) Turn 1/4 L stepping L to L, (&) step R next to L, (5) turn 1/4 L stepping fwd. on L 3.00
6-7 (6) Rock fwd. on R, (7) recover onto L 3.00
8&1 (8) Step back on R, (&) step L next to R, (1) step back on R 3.00

[26-32] Walk back, coaster cross, side, together, side rock

2-3 (2-3) Walk back L, R 3.00
4&5 (4) Step back on L, (&) step R next to L, (5) cross L over R 3.00
6-7 (6) Step R to R, (7) step L next to R 3.00
8& (8) Rock R to R, (&) recover onto L 3.00

lovelinedance@live.dk
adam.astmar@gmail.com