

Good Ole Days

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Steve Cavanaugh (USA) - November 2020
音乐: Good Ole Days - Phil Vassar : (Album: Shaken Not Stirred - 3:03)



****2 Tags with restarts (both at 12 o'clock) on rotation 3 and 6 after 18 counts**

Start after 40 counts (on sung vocals)

Music Available on iTunes, Apple Music, Amazon.com

[1-8] CHARLESTON WITH COASTER, 1/4 TURN LEFT, LINDY RIGHT

1-2, 3&4 Step R Fwd, Kick L Fwd, Step L Back, Close R to L, Step L Fwd
5&6, 7-8 Turning 1/4 to L Step R to Side, Close L to R, Step R to Side, Rock L Behind R, Recover
Weight to R

[9-16] 3/4 TURN R, SHUFFLE FWD, LUNGE FWD 2X

1-2, 3&4 Turn 1/4 R Stepping L Back, Turn 1/2 R Stepping R Fwd, Step L Fwd, Close R to L, Step L
Fwd
5-8 Big Step Fwd R at R Diagonal, Touch L Beside R, Big Step Fwd L at Diagonal L, Touch R
Beside L

[17-24] KICK-BALL-CHANGE, 1/2 TURN LEFT (2X)

1&2, 3-4 Kick R Fwd, Step R Beside L, Step on L*, Step R Fwd, 1/2 Turn L (weight to L)
5&6, 7-8 Kick R Fwd, Step R Beside L, Step on L, Step R Fwd, 1/2 Turn L (weight to L)

*** Tag here (after 18 counts) on rotation 3 & 6 facing 12 o'clock. After first kick-ball-change, Stomp R, Stomp L, then restart dance**

[25-32] VINE RIGHT, VINE LEFT WITH 1-1/4 TURN LEFT WITH ENDING SHUFFLE

1-4 Step R to Side, Step L Behind R, Step R to Side, Touch L Beside R
5-6, 7&8 ** 1/4 Turn L Stepping L Fwd, 1/2 Turn L Stepping R Back, 1/4 Turn L Stepping L to Side,
Close R to L, 1/4 Turn L Stepping L Fwd

***Easier alternate for 29-32: Step L to Side, Step R Behind, Step L to side, Close R beside L, 1/4 Turn L Stepping L Fwd**

Contact: steve@apple blossom.net