

# All Of My Days

COPPER KNOB  
BY SHEETS

拍数: 48      墙数: 2      级数: Intermediate  
编舞者: Isabella Horne (AUS) - August 2020  
音乐: Better Place - The Shires : (3:11)



Dance begins after count 24 (on lyrics)

**Cross rock, recover, cross rock, recover, back lock step, touch behind, ¼ pivot**

1,2&3,4      Cross rock R over L, recover back onto L, step R slightly to R side, cross rock L over R, recover back onto R

**(Restart here on walls 2 & 5)**

5&6      Step L back, lock R over L, step L back

7,8      Touch R behind L, unwind 1/4 turn R (3:00)

**2x sailor steps, point front, side, together, 1/4 flick, walk fwd, mambo fwd**

1&2      Step R behind L, step L to L side, step R to R side

3&4      Step L behind R, step R to R side, step L to L side

5&6&      Point R fwd, point R to R side, touch R next to L, whilst making 1/4 turn L flick RF (12:00)

7,8&      Walk R fwd, Rock L fwd, recover back onto R

**Step back, sweep behind, step back, sweep behind, coaster step, step fwd, step back 1/2 turn, side shuffle**

1,2      Step L slightly back, sweep R from front to back, step R slightly back, sweep L from front to back

3&4      Step L back, step R next to L, step L fwd

5,6      Step R fwd, whilst making 1/2 turn R, step back onto L (6:00)

7&8      Step R to R side, bring L next to R, step R to R side,

**Step 1/4 turn R, step 1/4 turn R, shuffle fwd, fwd rock, recover, behind, side, cross**

1,2      Making 1/4 turn R, step L to L side (9:00), making 1/4 turn R, step R to R side (12:00)

3&4      Step L fwd, bring R next to L, step L fwd

5,6      Rock R fwd, recover back onto L

**Restart: Walls 2 & 5 on count 4**

7&8      Step R behind L, step L to L side, cross R in front of L

**Step, back touch, 1/2 turning sweep, sailor, step, touch, step, touch**

1,2,3      Step L to L side, touch R behind L, step R to R side, making a 1/2 turn L, sweep L from front to back (6:00)

4&5      Step L behind R, step R beside L, step L fwd

6,7,8      Touch R next to L, step R fwd, touch L next to R

**Full turn, 2x sways, syncopated jazz box, cross samba**

1&2      Step L fwd, 1/2 turn L stepping R back (12:00), 1/2 turn L stepping L fwd (6:00)

3,4      Step R to R side, sway R hip to R side, sway L hip to L side

5&6      Cross R over L, step L back, step R to R side,

7&8      Cross L over R, rock R to R side, recover onto L