

Lookin' Out My Back Door

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: High Beginner
编舞者: Sonja Hemmes (USA) - November 2020
音乐: Lookin' Out My Back Door - Creedence Clearwater Revival : (Album: 20
Greatest Hits)



Start on Lyrics

WALK, TRIPLE STEP, ROCK FORWARD, COASTER BACK

1-2 Step forward, right, left
3&4 Step right forward, step left behind right, step right forward
5-6 Rock forward on left, recover on right
7&8 Step back on left, step right back next to left, step forward on left

HEEL, HEEL, BEHIND SIDE CROSS, POINT KICK, COASTER BACK

1-2 Tap right heel (2X)
3&4 Step right behind left, step left to left side, step right in front of left
5-6 Point left to left side, kick left forward
7&8 Step back on left, step right back next to left, step forward on left

ROCK FORWARD DIAGONAL, RIGHT AND LEFT, RUMBA BOX BACK

1&2 Rock right forward diagonally, return weight on left, step right next to left
3&4 Rock left forward diagonally, return weight on right, step left next to right
5&6 Step right to right side, step left next to right, step right back
7&8 Step left to left side, step right next to left, step left forward

TRIPLE STEP 1/2 RIGHT

1&2 Step right forward, step left behind right, step right forward turn $\frac{1}{4}$ right
3&4 Step left forward, step right forward behind left, step left forward
5&6 Step right forward, step left behind right, step right forward turn $\frac{1}{4}$ right
7&8 Step left forward, step right forward behind left, step left forward

RESTART: In the 6th rotation, facing the 6 o'clock wall, after 24 counts, restart the dance

ENDING: At the end of 7th rotation, you will be facing the 12 o'clock wall, triple step full turn around so the dance and music ends at the same time