

# Oh Paradise

拍数: 68      墙数: 4      级数: Phrased High Improver  
编舞者: Runa (DK) - November 2020  
音乐: Paradise (feat. Dermot Kennedy) - Meduza



Intro: 16 c - Sequence: AAB CAA AAC BAA

## Part A : 32 counts

### A1. Side, together, fwd shuffle, side, together, shuffle back

1-2            Step R to R side, step L beside R  
3&4           Step R fwd, step L beside R, step R fwd  
5-6           Step L to L side, step R beside L  
7&8           Step L back, step R beside L, step L back

### A2. Back-rock, walk, walk, point, point, mambo back with touch

1-2            Step back on R, recover on L  
3-4            Step fwd on R, step fwd on L  
5-6            Point R fwd, point R to R side  
7&8            Step back on R, recover on L, touch R beside L

### A3. Side, together, chassè, cross-rock, chassè ¼ turn L

1-2            Step R to R side, step L beside R  
3&4            Step R to R side, step L beside R, step R to R side  
5-6            Cross-rock L over R, recover on R  
7&8            Step L to L side, step R beside L, step L to L side ¼ turn L

### A4. Rocking-chair, step turn, kick ball change

1-2-3-4       Step R fwd, recover on L, step R back, recover on L  
5-6            Step R fwd, ½ turn L taking weight on L  
7&8            Kick R fwd, step (beside L) onto ball of R foot, change weight onto L foot

## Part B : 4 counts

### B5. Side, touch, side, touch

1-2            Step R to R side, touch L beside R  
3-4            Step L to L side, touch R beside L

## Part C : 32 counts

### C6. Side, sway, side, together, side, sway L,R

1-2            Step R to R side and sway R  
3-4            Step L to L side, step R beside L  
5-6            Step L to L side and sway L  
7-8            Sway R taking weight on R

### C7. Triple fult turn L, kick cross over, triple fult turn R, kick cross over

1-2-3-4       Fult turn L on the spot stepping L,R,L, kick R cross over L  
5-6-7-8       Fult turn R on the spot stepping R,L,R, kick L cross over R

### C8. Side, sway, side, together, side, sway R,L

1-2            Step L to L side and sway L  
3-4            Step R to R side, step L beside R  
5-6            Step R to R side and sway R  
7-8            Sway L taking weight on L

**C9. Triple full turn R, kick cross over, triple full turn L, kick cross over**

1-2-3-4          Full turn R on the spot stepping R,L,R, kick L cross over R

5-6-7-8          Full turn L on the spot stepping L,R,L, kick R cross over L

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