

One Margarita

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Laura Rittenhouse (AUS) - November 2020
音乐: One Margarita - Luke Bryan



Start after 16 beats

S1: SIDE MAMBOS RIGHT & LEFT; FRONT R MAMBO, BACK LEFT MAMBO

(The term "push" is used rather than "step" or "rock" as you should move legs and hips, not torso, salsa style, with these mambos.)

1&2,3&4 Push R foot to R, Step L in place, Step R beside L, Push L foot to L, Step R in place, Step L beside R

5&6,7&8 Push R fwd, Step L in place, Step R beside L, Push L back, Step R in place, Step L beside R
(* see note below: on "shot" replacement of back mambo with L foot stomp)

S2: QUICK WEAVE WITH SIDE ROCK L & R

1&2,3,4 Cross R over L, Step L behind R, Cross R behind L, Rock L, Recover R

5&6,7,8 Cross L over R, Step R behind L, Cross L behind R, Rock R, Recover L

*on wall 7 restart here with tag (facing 6:00)

S3: CROSS ROCK MOVING FORWARD R&L, DIAGONAL STEPS BACK WITH DRAG X 2

1&2,3&4 Cross rock R over L, Recover on L, Cross rock R over L, Cross rock L over R, Recover on R, Cross rock L over R

5,6,7,8 Step R back on R diagonal, Drag L to touch beside R, Turning ¼ L step L back on L diagonal, Drag R to touch beside L (9:00)

*restart here in Wall 3 (facing 3:00 on restart) & Wall 4 (facing 12:00 on restart)

S4: ROCK FORWARD, SHUFFLE BACK, ROCK BACK, SHUFFLE FORWARD

1,2,3&4 Rock forward on R, Recover back on L, Shuffle back on R (R,L,R)

5,6,7&8 Rock back on L, Recover forward on R, Shuffle forward on L (L,R,L)

TAGS, RESTARTS AND REPLACEMENTS

* Restarts: on Wall 3 (3:00) & 4 (12:00) after S3

* Tag with restart: on Wall 7 (6:00), insert 4 counts, after S2 then start with S1 facing 3:00

Tag: Sidesteps R & L on diagonal to turn ¼ L

1,2,3,4 (6:00) Step R fwd to R diagonal, Touch L beside R, Turning ¼ L step L foot L (3:00), Touch R beside L

* Replacement: on walls 2 (9:00), 5 (12:00) & 8 (3:00) in S1 when Luke sings "shot", replace Back L mambo step (7&8) with L stomp (7,8 leaving weight on L). Just listen to the music and it's easy to spot "One Margarita, Two Margarita, Three Margarita, SHOT".