

Time to Swing

拍数: 48 墙数: 4 级数: High Beginner
编舞者: Nils Ole Nilsen (NOR) - November 2020
音乐: Time to Swing - Scooter Lee



[1-8]: Kick, kick, rockstep back, step right, touch, step left, touch.

1-2 Kick RF across LF, kick forward with R ,
3-4 Rockstep back with RF, recover weight back to LF.
5-6 Step RF to the right , touch LF next to RF.
7-8 Step LF to the left, touch RF next to LF.

[9-16]: Step forward, kick, kick, rockstep, step forward, scuff, hitch ¼ turn.

1,2,3 Step forward on RF, kick LF across RF, kick LF forward
4-5 Rockstep back on LF, recover weight back to RF.
6,7,8 Step forward on LF, scuff forward on RF direct into hitch on RF and while you're in "hitchposition" turn ¼ left.

[17-24]: Step forward, point, step forward, point, jazzbox.

1-2 Step forward on RF, point LF to the left.
3,4 Step forward on LF, point RF to the right.
5,6 Cross RF over LF, step back on LF,
7,8 Step RF to right side, step LF next to RF. (weight on LF).

[25-32]: Rocking chair, stomp diagonally forward, swivel heel toe heel

1,2 Rockstep forward on RF, recover weight back to LF.
3,4 Rockstep back on RF, recover weight back to LF.
5,6,7,8 Stomp RF diagonally forward, swivel left heel, toe, heel info RF.

[33-40]: Stomp diagonally forward, stomp heel toe heel, ¼ Monterey turn, point, step

1,2,3,4 Stomp LF diagonally forward, swivel right heel, toe, heel info LF
5,6 Point RF to right side and turn ¼ towards right
7,8 Point LF to left side, step LF next to RF.

[41-48]: ¼ Monterey turn, point, step, grapevine

1,2 Point RF to right side and turn ¼ towards right
3,4 Point LF to left side. Step LF next to RF.
5,6,7,8 Step R to right, cross LF behind RF, step RF to right and step LF next to RF.

End of Dance! No tags, No restarts, just dance

Enjoy!