

# Reggae LDIB-VI

COPPER KNOB  
STEPSHEETS

拍数: 48                      墙数: 4                      级数: High Beginner  
编舞者: Lusiana Maemunah (INA) - October 2020  
音乐: Love Yourself (Reggae Cover) - JAHBOY



Start dance on lyrics - No Tag - No Restart

## S1: (SIDE, TOUCH) X4

1-4                      Step R to side, Touch L toe behind R, Step L to side, Touch R toe behind L  
5-8                      Repeat 1-4

## S2: (HEEL TOUCH, TOE TOUCH, FORWARD SHUFFLE) X2

1-2                      Touch R heel forward, Touch R toe back  
3&4                      Step R forward, Step L together, Step R forward  
5-6                      Touch L heel forward, Touch L toe back  
7&8                      Step L forward, Step R together, Step L forward

## S3: FORWARD ROCK, RECOVER, BACK LOCK SHUFFLE, TURN ½ LEFT FORWARD LOCK SHUFFLE, TURN ½ LEFT BACK, BACK

1-2                      Rock R forward, Recover on L  
3&4                      Step R back, Cross L over R, Step R back  
5&6                      Make ½ turn left step L forward, Lock R behind L, Step L forward,  
7-8                      Make ½ turn left step R back, Step L back

## S4: LIFT, TURN ¼ RIGHT HOOK, FORWARD LOCK SHUFFLE, FORWARD, TURN ½ LEFT BACK COASTER STEP

1-2                      Touch R toe forward diagonally R, Hook R over L  
3&4                      Make ¼ turn right step R forward, Lock L behind R, Step R forward  
5-6                      Step L forward, Make ½ turn left step R back while sweeping L from front to back  
7&8                      Step L back, Step R next to L, Step L forward

## S5: SKATE, SKATE, DIAGONAL RIGHT LOCK SHUFFLE, SKATE, SKATE, DIAGONAL LEFT LOCK SHUFFLE

1-2                      Skate R forward diagonally R, Skate L forward diagonally L  
3&4                      Step R forward diagonally R, Lock L behind R, Step R forward diagonally R  
5-6                      Skate L forward diagonally R, Skate R forward diagonally R  
7&8                      Step L forward diagonally L, Lock R behind L, Step L forward diagonally L

## S6: (TOUCH&BUMP, SWEEP BACK) X4

1-4                      Touch R toe forward &bump, Sweep R back, Touch L forward&bump, Sweep L back  
5-8                      Repeat 1-4

Begin Again

For more information about this dance please contact: [gieprod@yahoo.com](mailto:gieprod@yahoo.com)