

Como se Dice

拍数: 112 墙数: 2 级数: Phrased Novice
编舞者: Tjwan Oei (NL) & The Highway 51 B Dancers (NL) - October 2020
音乐: Como Se Dice (I Love You) - Sweethearts of the Rodeo



Sequence : A - B - A - B - B
Start the dance on lyrics .

A :

A01 - Cross over - Step back - Right side rock - Recover - Right chasse - Rock forward - Recover - Left chasse

1&2&3&4 RF.cross over LF.- LF.step back - RF.rock to right - Rec. weight onto LF.- RF.step to right - LF.step together- RF.step to right
5-6-7&8 LF.rock forward - Rec. Weight onto RF. - LF.step to left side - RF.step together - LF.step to left side

A02 - Vine to right side - Step ¼ turn right forward - Sweep (from front to back) - Step behind - Shuffle fwd.

1-2-3-4 RF.step to right side - LF.lock behind RF. - RF.step to right side - LF.step ¼ turn right forward
5-6-7&8 RF.sweep (from front to back) - RF.cross behind RF. - LF.step forward - RF.step together - LF.step orward

A03 - Step (diag.) right forward - Lock behind - Step forward - Scuff forward

Step (diag.) left forward - Lock behind - Step forward - Scuff forward

1-2-3-4 RF.step (diag.) to right forward - LF.lock behind RF. - RF.step forward - LF.scuff forward
5-6-7-8 LF.step (diag.) to left forward - RF.lockbehind LF. - LF.step forward - RF.scuff forward

A04 - Jazz box - Pivot ½ turn left - Pivot ¼ turn left

1-2-3-4 RF.cross over LF. - LF.step back - RF. Step to right side - LF.step together
5-6-7-8 RF.step forward - RF./LF.1/2 turn left - RF.step forward - RF./LF. ¼ turn left

A05 - Right side step - Together - Right chasse - Left side step - Together - Left chasse

1-2-3& \$ RF.step to right side - LF.step together - RF.step to right side - LF.step together - RF.step to right side
5-6-7&8 LF.step to left side - RF.step together - LF.step to left side - RF.step together - LF.step to left side

A06 - Rocking chairs - Jazz box with ¼ turn left

1-2-3-4 RF.rock forward - Recover weight onto LF. - RF.rock back - Recover weight onto LF.
5-6-7-8 RF.cross over LF. - LF.step back - RF.step ¼ turn left back - LF.step together

B :

B01 - Vine to right side - Hitch - Vine to left side - Hitch

1-2-3-4 RF.step to right side - LF.cross behind RF. - RF.step to right side - LF.hitch forward
5-6-7-8 LF.step to left side - RF.cross behindLF. - LF.step to left side - RF.hitch forward

B02 - Jazz box with ¼ turn to left - Hips sway (R - L - R - L)

1-2-3-4 RF.cross over LF. - LF.step back - RF.step ¼ turn to left back - LF.step together
5-6-7-8 Hips sway (R - L - R - L)

B03 - Vine to right side - Hitch - Vine to left side - Hitch

1-2-3-4 RF.step to right side - LF.cross behind RF. - RF.step to right side - LF.hitch forward
5-6-7-8 LF.step to left side - RF. Cross behind LF. - LF.step to left side - RF.hitch forward

B04 - Jazz box with ¼ turn to left - Hips sway (R - L - R - L)

1-2-3-4 RF.cross over LF. - LF.step back - RF.step ¼ turn to left back - LF.step together
5-6-7-8 Hips sway (R - L - R - L)

B05 - Cross over - Step back - Right side rock - Recover - Right chasse - Jazz box - Touch

1&2&3&4 RF.cross over LF.- LF.step back- RF.rock to right - Rec.weight onto LF.- RF.step to right - LF.step together- RF.step to right

5-6-7-8 LF.cross over RF. - RF.step back - LF.step to left side - RF.touch beside LF.

B06 - Cross over - Step back - Step back - Cross over - Rock back - Recover - Walk forward (R - L)

1-2-3-4 RF.cross over LF. - LF.step back - RF.step back - LF.cross over RF.

5-6-7-8 RF.rock back - Recover weight onto LF. - RF.step forward - LF.step forward

B07 - Vine to right side - Hitch - Vine to left side - Hitch

1-2-3-4 RF.step to right side - LF.cross behind RF. - RF.step to right side - LF.hitch forward

5-6-7-8 LF.step to left side - RF.cross behind LF. - LF.step to left side - RF.hitch forward

B08 - Jazz box with ¼ turn to left - Hips sway (R - L - R - L)

1-2-3-4 RF.cross over LF. - LF.step back - RF.step ¼ turn to left back - LF.step together

5-6-7-8 Hips sway (R - L - R -)
