

Lil Bit

拍数: 32 墙数: 4 级数: Improver
编舞者: Kelly Cavallaro (USA) - October 2020
音乐: Lil Bit - Nelly & Florida Georgia Line



Restart: Wall 3 after 16 counts

[1 - 8] DIAGONAL STEP TOUCHES, WALK BACK X2, 1/2 TURN SHUFFLE

1,2 Step R diagonal forward, touch L next to R
3,4 Step L diagonal forward, touch R next to L
5,6 Walk back R, L
7&8 Make a 1/2 turn to R while shuffling R,L,R (end at 6 o'clock)

[9 - 16] HIP BUMPS TRAVELING FORWARD, CROSS, HEEL POPS WITH 1/2 TURN

1&2 Step L forward bumping L hip forward, bump R hip back, bump L hip forward
3&4 Step R forward bumping R hip forward, bump L hip back, bump R hip forward
&5,6 Step L next to R, cross R over L, hold
7,8 Make a 1/2 turn to the L bopping heels up and down (weight ends on L) (end facing 12 o'clock)

[17 - 24] KICK R,L,R WITH 1/4 TURN, BODY ROLLS X2

1&2& Kick R out to R, step R next to L, kick L out to L, step L next to R
&3,4 Kick R back making a 1/4 turn to L, hold (end facing 9 o'clock)
5,6 Body roll back taking weight on R
&7,8 Touch L next R, step R back while body rolling and making 1/4 turn to R, touch L (12 o'clock)

[25 - 32] 3/4 WALK AROUND, SAILOR, KICKS X2

1,2,3,4 Step L to L, step R making 1/4 turn L, step L back making 1/4 turn L, step R forward making 1/4 turn to L (end facing 3 o'clock)
5&6 Sailor step L,R,L
7&8& Kick R foot forward, step R next to L, kick L foot forward, step L next to R

RESTART On wall 3 after 16 counts, start the dance again!

Email: 7arrowmedia@gmail.com - Phone: (+1) 603-583-0073

Last Update - 7 Nov. 2020-R2