

My Way Salsa

COPPERKNOB
STEPSHEETS

拍数: 128 墙数: 2 级数: Easy Intermediate
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音乐: My Way (Salsa Version) - Remix Orchestra (Original Version)



Start after 16 Counts

SECTION 1: MAMBO - HOLD

1-2-3-4 Step Back on L, Recover on R, Step L beside R, Hold
5-6-7-8 Step Forward on R, Recover on L, Step R beside L, Hold

SECTION 2: MAMBO - HOLD

1-2-3-4 Step L to Side, Recover on R, Step L Beside R, Hold
5-6-7-8 Step R to Side, Recover on L, Step R beside L, Hold

SECTION 3: DIAMOND - HOLD

1-2-3-4 Cross L over R, 1/8 Turn L Step Back on R, Step Back on L, Hold (10.30)
5-6-7-8 Step Back on R, 1/8 turn L Step L to Side, Cross R over L , Hold(09.00)

SECTION 4: MAMBO - HOLD

1-2-3-4 Step L to Side, Recover on R, Step L beside R, Hold
5-6-7-8 Step R to Side, Recover on L, Step R beside L, Hold

SECTION 5: VOLTA TURN - HOLD

1-2-3-4 1/4 Turn L Step Forward on L, Tap R beside L, 1/4 Turn L Step Forward on L, Tap R beside L
5-6-7-8 1/4 Turn L Step Forward on L, Tap R beside L, 1/4 Turn L Step Forward on L, Hold (09.00)

SECTION 6: MAMBO - HOLD

1-2-3-4 Step R to Side, Recover on L, Step R Beside L, Hold
5-6-7-8 Step L to Side, Recover on R, Step L beside R, Hold

SECTION 7: MAMBO - HOLD

1-2-3-4 Step Forward on R, Step Forward on L, Recover on R, Hold
5-6-7-8 Step Back on L, Step Back on R, Recover on L, Hold

SECTION 8: FORWARD - TURN - HOLD - TOUCH - HOLD

1-2-3-4 Step Forward on R, Step Forward on L, 1/4 Turn R Step R Inplace R, Hold
5-6-7-8 Step L beside R, Step R beside L, Touch L beside R, Hold

SECTION 9: CUMBIA - HOLD

1-2-3-4 Cross Back L over R, Recover on R, Step L beside R, Hold
5-6-7-8 Cross Back R over L, Recover on L, Step R beside L, Hold

SECTION 10: SUZY Q - HOLD- TURN - SUZY Q

1-2-3-4 Cross L over R, Step R slightly behind R, Cross L over R, Hold
5-6-7-8 1/4 turn R Cross R over L, Step L slightly behind R, Cross R over L Sweep L from Back to Front (03.00) for 2 counts

SECTION 11: DIAMOND

1-2-3-4 Cross L over R, Step R to Side, 1/8 turn L Step Back on L with Sweep R From Front to Back (01.30) for 2 counts
5 - 6 - 7 - 8 Cross R behind L, 1/8 turn L Step L on Side (12.00) , Forward on R with Sweep L from back to Front for 2 counts

SECTION 12: DIAMOND - HOLD

- 1 - 2 - 3 - 4 Cross L over R, 1/8 turn L Step R to Side (10.30) , Step Back on L with Sweep R From Front to Back for 2 counts
- 5 - 6 - 7 - 8 Cross R behind L, 1/8 turn L Step L on Side (09.00), Forward on R, Hold

SECTION 13: FORWARD - KICK - BACK - HOOK - WALK - TURN

- 1 - 2 - 3 - 4 Step Forward on L, Kick R, Step Back on R, Hook Cross L over R
- 5 - 6 - 7 - 8 Step Forward on L, Step Forward on R, Step Forward on L, 1/4 Turn L Sweep R from Back to Front

SECTION 14: SUZY Q - HOLD - TOUCH, HOLD

- 1-2-3-4 Cross R over L(06.00), Step L slightly behind R, Cross R over L, Hold
- 5-6-7-8 Touch L to L Side, Touch L beside R, Step L to L Side, Hold

SECTION 15: SAILOR - HOLD

- 1-2-3-4 Cross R behind L, Step L beside R, Step R to R Side, Hold
- 5-6-7-8 Cross L behind R, Step R beside L, Step L to L Side, Hold

SECTION 16 : CHUG - HOLD

- 1-2-3-4 1/4 Turn R Stomp R to R Side, Hold , 1/4 Turn R Stomp R to R Side, Hold
- 5-6-7-8 1/4 Turn R Stomp R to R Side, Hold , 1/4 Turn R Step R to R Side, Hold

NOTE :

RESTART on Wall 3 After 88 Count face to 06.00

And Ending Pose at 12.00

HAPPY DANCING & ENJOY

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TUTUK & PHOPY (ULD-DKI) INA

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