

Finally Free

拍数: 40 墙数: 4 级数: Intermediate
编舞者: Ann-Kristin Sandberg (NOR), Rob Fowler (ES) & I.C.E. (ES) - October 2020
音乐: Finally Free - Niall Horan : (3:24)



Intro: 16 counts (approx. 8 secs - start on "here" as the vocals begin "standing here")

S1: CROSS ROCK, RECOVER, CHASSE, HEEL GRIND, SIDE, SAILOR STEP

1,2 Cross rock L over R, Recover onto R
3&4 Step L to L side, Step R next to L, Step L to L side
5,6 Cross R heel over L twisting R toe from L to R, Step L to L side
7&8 Cross R behind L, Step L to L side, Step R to R side 12:00

S2: SAMBA STEPS, ROCK, RECOVER, ¾ SHUFFLE TURN L WITH CROSS

1&2 Step L forward, Rock R to R side, Recover onto L
3&4 Step R forward, Rock L to L side, Recover onto R
5,6 Rock L forward, Recover onto R
7&8 Make ½ turn L stepping forward L, Step R next to L, Make ¼ turn L crossing L over R 3:00

S3: SIDE, HOLD, TOGETHER, KICK & TOUCH, SIDE, BEHIND, ¼ TURN L INTO SHUFFLE

1,2& Step R to R side, Hold (clap hands), Step L next to R
3&4 Kick R to R side, Step R next to L, Touch L next to R
5,6 Step L to L side, Cross R behind L
7&8 Make ¼ turn L stepping forward L, Step R next to L, Step forward L 12:00

TAG: See note below about TAG here in Wall 8

S4: ROCK, RECOVER, ¾ SHUFFLE TURN R WITH CROSS, SIDE, DRAG & CROSS, SIDE

1,2 Rock R forward, Recover onto L
3&4 Make ½ turn R stepping forward R, Step L next to R, Make ¼ turn R crossing R over L 9:00
5,6& Step L to L side, Drag R foot next to L, Step R next to L
7,8 Cross L over R, Step R to R side

S5: SAILOR STEPS, STEP, PIVOT ½ TURN R, KICKBALL STEP

1&2 Cross L behind R, Step R to R side, Step L to L side
3&4 Cross R behind L, Step L to L side, Step R to R side
5,6 Step L forward, Pivot ½ turn R (weight on R)
7&8 Kick L forward, Step L next to R, Step R forward 3:00

Start Over

TAG: During Wall 8 dance up to and including count 24, add the following 4-count tag facing 9:00, then restart the dance.

1,2 Rock R forward, Recover onto L
3,4 Step R back, Drag L next to R (weight on R)

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