

# Kid Rock Alabama (aka All Summer Long)

**COPPER KNOB**  
STEPSHEETS

拍数: 32                      墙数: 4                      级数: Improver  
编舞者: Heidi Hlousek (DE) - October 2020  
音乐: All Summer Long - Kid Rock : (CD: Rock N Roll Jesus)



Start dancing on lyrics

## HEEL TOUCH, TOE TOUCH, SHUFFLE FORWARD, HEEL TOUCH, TOE TOUCH, SHUFFLE FORWARD

1-2                      Touch right heel forward, touch right toe back  
3&4                      Right step forward, left step next to right, right step forward  
5-6                      Touch left heel forward, touch left toe back  
7&8                      Left step forward, right step next to left, left step forward

## ROCK, RECOVER, ½ SHUFFLE TURN RIGHT, ROCK, RECOVER, ¾ SHUFFLE TURN LEFT

1-2                      Rock right forward, recover on left  
3&4                      ½ shuffle turn right stepping right, left, right, (6:00)  
5-6                      Rock left forward, recover on right  
7&8                      ¾ shuffle turn left stepping left, right, left, (9:00)

## RIGHT MAMBO CROSS, LEFT MAMBO CROSS, RIGHT MAMBO FORWARD, LEFT SAILOR STEP ¼ TURN

1&2                      Right rock to side, left recover, right cross over left  
3&4                      Left rock to side, right recover, left cross over right  
5&6                      Right rock forward, left recover, right step next left  
7&8                      Cross left behind right, ¼ turn left, step right to right (face 6:00), step left to left

## CROSS HEEL 2X, CROSS HEEL WITH A ¼ TURN RIGHT, CROSS HEEL, STEP

1&2                      Cross right over left, step left back at slight angle, touch right heel forward  
&                              step right together  
3&4                      Cross left over right, step right back left at slight angle, touch left heel forward  
&                              step left together  
5&6                      Cross right over left, step left back with ¼ turn right at slight angle, touch right heel forward (9:00)  
&                              step right together  
7&8&                      Cross left over right, step right back left at slight angle, touch left heel forward, step left together

REPEAT

PLEASE NOTE: We DO NOT do the tags here in Maine

TAG: At the end of the wall 9 (facing 9:00)

1-2-3-4                      Right jazz box - cross right over left, step back left, step right to right, step forward, left

TAG: At the end of wall 10 (facing 6:00)

1&2                      Cross right over left, step left back at slight angle, touch right heel forward & step right together  
3&4                      Cross left over right, step right back left at slight angle, touch left heel forward

Submitted by - Sheryl Bradley: [Sherpauldance@gmail.com](mailto:Sherpauldance@gmail.com)

