

# Recovery

拍数: 48      墙数: 2      级数: Intermediate  
编舞者: Guillaume Richard (FR) - January 2020  
音乐: Recovery - LP



**Intro: No intro, start on the lyrics**

**Tag & Restart : At wall 2, dance the first 32 counts, and add the next steps :**

1-2              Step LF to L, Drag RF next to LF as you bend your knees

**[1 - 8] Back Step Lock Step x2, Full turn & Sweep, Weave**

1&2              Step RF back diagonally (1), Cross LF over RF (&), Step RF back diagonally (2) 12:00

3&4              Step LF back diagonally (3), Cross RF over LF (&), Step LF back diagonally (4) 12:00

5-6              Make ½ turn R stepping RF fwd (5), Make ½ turn R stepping LF back as you sweep RF from front to back (6) 12:00

7&8              Cross RF behind LF (7), Step LF to L (&), Cross RF over LF (8) 12:00

**[9 - 16] Side Rock Cross, Reverse Full Turn, Rock Back, Reverse Full Turn, Recover**

1&2              Step LF to L (1), Recover on RF (&), Cross LF over RF (2) 12:00

3-4&             Make ¼ turn L stepping RF back (3), Make ½ turn L stepping LF fwd (4), Make ¼ turn L stepping RF to R (&) 12:00

5-6              Cross LF behind RF (5), Recover on RF (6) 12:00

7&8&             Make ¼ turn R stepping LF back (7), Make ½ turn R stepping RF fwd (&), Make ¼ turn R stepping LF to L (8), Recover on RF (&) 12:00

**[17 - 25] Cross, ¼ turn Sweep, Step Fwd, Mambo Fwd, Step Back, Sweep, Behind, Side, Step Lock Step**

1-2              Cross LF over RF (1), Make ¼ turn L keeping weight on LF as you touch RF next to LF (2) 9:00

3-4&             Step RF fwd (3), Step LF fwd (4), Recover on RF (&) 9:00

5-6              Step LF back (5), Sweep RF from front to back (6) 9:00

7&                Cross RF behind LF (7), Step LF to L (&) 9:00

8&1              Make 1/8 turn L stepping RF fwd (8), Cross LF behind RF (&), Step RF fwd (1) 7:30

**[26 - 32] Diamond 5/8, ¾ turn Piqué, Point, Rock Back**

2&3              Step LF fwd (2), Make ¼ turn L stepping RF back (&), Step LF back (3) 4:30

4&5              Step RF back (4), Make 1/8 turn L stepping LF to L (&), Step RF fwd (5) 3:00

6-7              Make ¾ turn R on RF as you make a piqué with LF (6), Point L toes to L (7) 12:00

8&                Cross LF behind RF (8), Recover on RF (&) 12:00

**[33 - 41] Step, Rock Back, ¼ turn Step Lock Step, Step ¼ turn, Cross Shuffle**

1-2-3             Step LF to L (1), Cross RF behind LF (2), Recover on LF (3) 12:00

4&5              Make ¼ turn R stepping RF fwd (4), Cross LF behind RF (&), Step RF fwd (5) 3:00

6-7              Step LF fwd (6), Make ¼ turn R stepping on RF (7) 6:00

8&1              Cross LF over RF (8), Step RF to R (&), Cross LF over RF (1) 6:00

**[42 - 48] Side Rock, Cross Samba x2, Ronde Sweep**

2-3              Step RF to R (2), Recover on LF (3) 6:00

4&5              Cross RF over LF (4), Step LF to L (&), Step RF fwd diagonally (5) 6:00

6&7              Cross LF over RF (6), Step RF to R (&), Step LF fwd diagonally (7) 6:00

8                 Bring back RF next to LF as you make a ronde sweep then from front to back (8) 6:00

**Restart: At wall 2, do the first 33 counts and add 1 count to restart the dance**

1-2              Step LF to L - Touch RF next to LF

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