

Sanctuary

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Diana Liang (CN), Rob Fowler (ES) & I.C.E. (ES) - October 2020
音乐: Sanctuary (避难所) - Zhou Shen (周深) : (3:15)



Intro: 20 counts (approx. 19 secs) (No Restart & No Tag)

S1: ¼ Forward, ¼ Side, Together, Cross, Side, ¼ Forward, ¼ Side, Behind/Sweep, Behind, Side, Forward/Sweep, Cross

- 1 ¼ turn to R stepping R forward 3:00
- 2&3 ¼ turn to R stepping L side, step R next to L, cross L over R 6:00
- &4& Step R to R side, ¼ turn to L stepping L forward (3:00), ¼ turn to L stepping R side 12:00
- 5 Step L behind R sweeping R from front to back
- 6& Step R behind L, step L to L side
- 7-8& Step R forward sweeping L from back to front, continue to sweep L around, step L across R

S2: NC Basic R, Syncopated Vine 1/8, Forward, ½ Pivot, Spiral, Runs

- 1-2& Step R to R side, step L behind R (3rd position), step R across L
- 3-4& Step L to L side, step R behind L, step L to L side turning 1/8 to L 10:30
- 5-6& Step R diagonally forward, step L diagonally forward, ½ pivot turn to R 4:30
- 7-8& Step L diagonally forward full spiral R, step R diagonally forward, step L diagonally forward 4:30

S3: Forward Sweep, Cross, Side, Back, Sweep, Behind, ¼ Forward, Spiral, Runs, ½ Pivot

- 1-2& Step R diagonally forward sweeping L from back to front (facing 4:30), cross L over R, step R to R side
- 3-4& Step L diagonally behind R sweeping R from front to back (facing 4:30), cross R behind L, ¼ turn to L stepping L forward 1:30
- 5-6& Step R forward making a full spiral L (1:30), step L diagonally forward, step R diagonally forward 1:30
- 7-8 Step L diagonally forward, ½ pivot turn to R 7:30

S4: ½ turn x2, Forward x2, Kick, 3/8 Side, ¾ Turn, NC Basic R, Side, Drag

- 1&2 ½ turn to R stepping L diagonally back, ½ turn to R stepping R diagonally forward (7:30), step L forward - 7:30
- &3-4& Step R diagonally forward, kick L low forward, 3/8 turn to L stepping L side (3:00), continue turning ¾ L collecting R next to L (keeping weight on L) 6:00
- 5-6& Step R to R side, step L behind R (3rd position), step R across L
- 7-8 Step L to L side, drag R next to L keeping weight on L

Start Over

Ending: At the end of Wall 6 facing 12:00, dance the following 4 counts to finish facing 12:00

¼ Forward, ¼ Side, ¼ Together, ¼ Side, Drag

- 1-2& ¼ turn to R stepping R forward (3:00), ¼ turn to R stepping L side (6:00), ¼ turn to R stepping R in place (9:00)
- 3-4 ¼ turn to R stepping L to L side (12:00), drag R to L and close