

Emergency

拍数: 32 墙数: 4 级数: Improver
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音乐: Emergency - Icona Pop



Intro : 16 Counts - No Tag, No Restart

SECTION 1: ROCK FWD- RECOVER- BACK LOCK BACK- BIG STEP- HOLD- 1/4 TURN R COASTER STEP

1-2 rock fwd (rf), recover on lf
3&4 step back (rf), lock (lf), back (rf)
5-6 take a big step to side (lf), hold 1c
7&8 sweep rf behind lf make a ¼ turn R step behind, together (lf), fwd (rf)

SECTION 2: WINDMILL TURNS- POINT SWITCH- TOUCH FWD- HEELS SWIVEL

1-4 side point (lf), make a ¼ turn L fwd (lf), ¼ turn L side point (rf), make a ¼ turn R fwd (rf)
5&6& side point (lf), together (lf), side point (rf), together (rf)
7&8 touch fwd (lf), swivel both heels left, swivel heels back

SECTION 3: STEP BACK- 1/4 TURN R SIDE- CROSS SHUFFLE- HINGE/ BOX

1-2 step back (lf), ¼ turn R step side (rf)
3&4 cross (lf), together (rf), cross (lf)
5-8 step side (rf), make a ¼ turn L step side (lf), make a ¼ turn L side (rf), make a ¼ turn L side (lf)

SECTION 4: DOROTHY STEP- CIRCULAR WALK 3/4 TURN R- JUMP TOGETHER

1,2,& step fwd to R diagonal (rf), lock (lf), step (rf)
3,4,& step fwd to L diagonal (lf), lock (rf), step (lf)
5-7 circular walk make a ¾ turn R (rf, lf, rf)
8 jump together both feet.

Start again..
