

African Rain

COPPER KNOB
STEPSHEETS

拍数: 50 墙数: 4 级数: Phrased Intermediate
编舞者: Aurora de Jong (USA) - October 2020
音乐: Africa - Toto : (4:55)



Part A: *18 counts

Part B: **32 counts

Tag: 4 counts

Sequence: A, A, A, A-, B, Tag, B-, A, A, A-, B, Tag, B-, A, A-, B, B, Tag, B, B

*(A- simply omits the last 2 counts of A, always and only before a B part)

** (B- is the first 16 counts of B, always and only before an A part)

Dance begins after 48 count intro. (Some versions of the song omit the percussion solo at the beginning. In this case you would begin after 32 counts).

Part A:

[Counts 1-8]: Cross rock and recover, full turn triple step, side rock and recover, behind side cross

1, 2, 3&4 Cross rock R in front of L (1), Recover to L (2), Step forward on R turning ½ to right (3), Step back on L turning ½ to right (&), Step forward on R (4) (12:00)

5-8 Rock L to left (5), Recover to R (6), Step L behind R (7), Step R to right (&), Cross L in front of R(8)

[Counts 9-16]: Side chasse, ¼ turn sailor, rocking chair

1&2 Step R to right (1), bring L to R (&), step R to right (2)

3&4 Step L back making a ¼ turn right (3) (9:00), step R back to L (&), step L forward (4)

5-8 Rock R forward (5), recover to L (6), rock R back (7), recover to L (8)

(*Part A- ends here)

[Counts 17-18]: Side rock and recover (*omit these steps for A-)

1,2 Rock R to right (1), recover to L (2)

Part B:

[Counts 1-8]: Samba diamond 1/8 right 2x, step drag behind ¼ right, step drag behind ¼ left

1&2 Cross R over L (1) step L to left turning 1/8 right (&) step R back (2)

3&4 Step L behind R (3) step R to right turning 1/8 right (&) (3:00), cross L over R (4)

5, 6& Big step R to right, dragging L (5) step L behind R (6), step R forward turning ¼ right (&) (6:00)

7, 8& Big step L to left dragging R (7) step R behind L (8), step L forward turning ¼ left (&) (3:00)

[Counts 9-16]: Forward rock and recover, ½ turn sailor, ¾ volta turn right, anchor step

1,2, 3&4 Rock R forward (1) recover L (2), step R to right turning ¼ right (3), step ball of L back turning ¼ turn right (&) (9:00) step R forward (slightly overturning toward 10:30) (4)

&5&6 Step ball of L to R continue turning right to 12:00 (&) step R forward making 1/8 turn right to 1:30 (5), step ball of L to R continuing to turn right to 3:00 (&), step R forward completing your turn right to 6:00 (6)

7, 8& Step L diagonally forward (7), step ball of R behind L, leaning back and briefly putting weight on R (8), recover to L (&) (6:00)

(** Part (B-) ends here)

[Counts 17-24]: Anchor step, step pivot ½ right, full turn right, forward shuffle, side rock and recover

1, 2& Step R to right (1), step ball of L behind R, leaning back and briefly putting weight on L(2), recover to R (&)

3,4 Step L forward (3), pivot ½ to right, weight going to R (12:00) (4)

5, 6&7 Step L back turning $\frac{1}{2}$ to right (6:00) (5), step R forward turning $\frac{1}{2}$ right (12:00) (6), step L to R (&), step R forward (7)
8& Rock L to left (8), recover to R (&)

[Counts 25-32]: Cross, side rock cross, $\frac{1}{2}$ turn right, back rock and recover, $\frac{1}{2}$ turn left, $\frac{1}{4}$ turn left

1 Cross L in front of R

2&3 Rock R to right (2), recover to L (&), cross R in front of L (3)

4-8 Step L back turning $\frac{1}{2}$ right (6:00) (4), rock R back (5), recover L (6), step R back turning $\frac{1}{2}$ left back to (12:00) (7), step L to left turning $\frac{1}{4}$ left (9:00) (8)

[4 Count Tag]: $\frac{1}{2}$ turn right jazz box

Cross R in front of L (1), step L back turning $\frac{1}{4}$ right (2), step R forward turning $\frac{1}{4}$ right (3), step L forward (4)

Dance ends at the 12:00 wall with step change on count 32 of Part B: step L to left (no $\frac{1}{4}$ turn)

I hope you enjoy dancing to this great song!

Please e-mail me with any questions: aurora.dejong@gmail.com
