

Ai De Lu Shang Qian Wan Li Remix (愛的路上千萬里)

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Heru Tian (INA) - October 2020
音乐: Ai De Lu Shang Qian Wan Li (爱的路上千万里) (Dj何鹏版) - Sun Yi Qi (孙艺琪)



Intro : 64 Counts - No Tag, No Restart

(01-08) SECTION 1: HEEL TOUCH- TOUCH (X2)- ROCK FWD- RECOVER- BACK SHUFFLE

1-4 heel touch to R diagonal (rf), touch together (rf), heel touch to R diagonal (rf), touch together (rf)
5-6 rock fwd (rf), recover (lf)
7&8 step back (rf), together (lf), back (rf)

(09-16) SECTION 2: SIDE ROCK- RECOVER- JAZZ BOX- CROSS- RECOVER- SIDE

1-2 side rock (lf), recover (rf),
3-6 cross (lf), behind (rf), side (lf), cross (rf)
7-8 recover (lf), step side (rf)

(17-24) SECTION 3: CROSS ROCK- RECOVER- 1/4 TURN L SHUFFLE STEP- 1/2 TURN L SHUFFLE STEP- BACK- RECOVER

1-2 cross rock (lf), recover (rf)
3&4 make a ¼ turn L fwd (lf), together (rf), fwd (lf)
5&6 make a ¼ turn L side (rf), together (lf), ¼ turn L back (rf)
7-8 rock back (lf), recover (rf)

(25-32) SECTION 4: WALK (X3)- KICK- BACK & TOUCH (X2)

1-4 walk fwd (lf), walk (rf), walk (lf), kick (rf)
5-8 step back to R diagonal (rf), touch (lf), step back to L diagonal (lf), touch (rf)
