

Always on Time

拍数: 40 墙数: 2 级数: Advanced
编舞者: Heather Barton (SCO) & Dee Musk (UK) - October 2020
音乐: Hold the Line - Toto : (Album: Toto - 3:55)



Music Downloadable from Amazon Music and iTunes.

#32 Count Intro.

Step, Hold, Ball Rock Recover, Ball Back Drag, Back, ¼ Turn, Cross, Side Rock, Recover, Cross.

- 1,2a Step right forward, hold count 2, step left beside right.
- 3,4 Rock right forward, recover weight to left.
- a5 Step right back, step left back dragging right towards left.
- 6a7 Step right back, make ¼ turn left stepping left to left side, cross right over left.
- 8a1 Rock left to left side, recover weight to right, cross left over right. - 9.00

Hold, Ball Cross, Hinge ½ Turn L, Point, ¼ Turn R, ½ Turning Lock Step R, ½ Turn R, Ball Together.

- 2a3 Hold count 2, step right to right side, cross left over right.
- 4a Make ¼ turn left stepping back on right, make ¼ turn left stepping left to left side.
- 5,6 Point right to right side, make ¼ turn right stepping weight forward on right.
- 7a8 Turn ½ turn right stepping back on left, cross right over left, step back on left.
- a1 Make ½ turn right stepping forward on right, step left beside right bending knees. - 6.00

Step Back, Back, Side, Cross, Side Together, Forward Lock Step, Diamond Turn L.

- 2 Step back on right.
- 3a4 Step back on left, step right to right side, cross left over right.
- a5 Turning towards 4.30 step right to right side, step left beside right.
- 6a7 Still facing 4.30 lock step forward stepping right, left, right. ****R**** during wall 6 - see note below.
- 8a1 Cross left over right, step back on right facing 3.00, step back left facing 1.30. - 1.30

Diamond Turn L, Cross 3/8 Turn L, Side, Back Rock, Point, Back, Together.

- 2a3 Facing 1.30 step back on right, step back on left facing 12.00 step forward right facing 10.30.
- 4a5 Cross left over right, make 1/8 turn to 9.00 stepping back on right, make ¼ turn left stepping left to left side facing 6.00.
- 6a7 Cross rock right behind left, recover weight to left, point right to right side.
- 8a Step back on right, step left beside right. - 6.00

****R** during walls 2 and 4.**

Cross Sweep, Cross, Side, Behind, Sweep, Behind, Side, Touch & Touch & Touch, Back, Together.

- 1,2a Cross right over left sweeping left from behind to in front of right, cross left over right, step right to right side.
- 3,4a Cross left behind right sweeping right from in front to behind left, step right behind left, step left to left side.
- 5a6a Touch right across left, step right beside left, touch left across right, step left beside right.
- 7 Touch right beside left.
- 8a Step back on right, step left beside right. - 6.00

Restarts during walls 2 and 4 - begin again facing 12.00.

Restart during wall 6 - dance to count 7 of section 3, then make 3/8 turn L to begin again facing 6.00.

Dance ends facing 12.00

Dance the first 5 counts of the dance.

