

# Getting Good

拍数: 32      墙数: 4      级数: Improver  
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音乐: Getting Good - Lauren Alaina



## #4 Count Intro

### (1-8) Back, Back, Mambo back, Walk, Walk, Mambo Half

1-2            Step back R, Step back L  
3&4           Rock back R, Recover L, Step R forward  
5-6           Walk forward L, Walk forward R  
7&8           Rock L forward, Recover on R making a ½ turn and step on L (6 o'clock)

### (9-16) ½ Turn, ½ Turn\*, Rock & Cross, Rock, Recover, Behind Side Cross

1-2            Turn left making a ½ turn stepping back on R, Turn left making a ½ turn stepping forward on L (\*)  
3&4           Rock on R, recover on L, cross R over L  
5-6           Rock L to left side, Recover weight on R  
7&8           Step L behind R, Step R to right side, Cross L over R

### (17-24) Rock (Prep), ¼ Recover, ½ Turn, ½ Turn, Shuffle, Cha-Cha-Cha

1-2            Rock R prepping body to the right for a turn, Recover on L making a ¼ turn to left (3 o'clock)  
3-4            Turn left making a ½ turn stepping back on R, Turn left making a ½ turn stepping forward on L  
5&6           Shuffle forward R,L,R  
7&8           Cha-Cha-Cha in place trading weight L,R,L

### (25-32) Rock, Recover, Cross & Cross, Rock, Recover, Back Full Turn Triple Step\*\*

1-2            Rock R to right side, Recover weight on L  
3&4           Cross R over L, Recover weight onto ball of L, Cross R over L  
5-6           Rock L to left side, Recover weight on R prepping for a turn  
7&8           Make a 3 step right full turn L, R, L coming back to same wall (\*\*)

**Ending:** The dance ends after the first 8 counts on the 3 o'clock wall so instead of making a mambo half, mambo ¼ left to face the front wall

\*Option: for 2nd set of 8 counts 1-2, you can walk R, walk L

\*\*Option: for last 2 counts of dance, you can cross & cross - L over R, recover on ball of R, cross L over R