

Knowing Me, Knowing You

COPPERKNOB
STEPSHEETS

拍数: 98 墙数: 2 级数: Phrased Intermediate
编舞者: Lars Kuif (NL) - October 2020
音乐: Knowing Me, Knowing You - ABBA



Sequences: AA BCC AA BCC A Tag BCC C

Info : Starts after 16 counts

Part A: 32 counts

[1 - 8] (Step Diag. Fwd., Touch, Kick-Ball-Cross) 2x

1, 2 Step R diag. fwd. (1), touch L next to R (2)
3&4 Kick L diag. fwd. (3), step L next to R (&), step R across L (4)
5, 6 Step L diag. fwd. (5), touch R next to L (6)
7&8 Kick R diag. fwd. (7), step R next to L (&), step L across R (8) [12.00]

[9 - 16] Step R Fwd., L Touch, Shuffle L + R Back, Rock L Back

1, 2 Step R fwd. (1), touch L next to R (2)
3&4 Step L back (3), step R next to L (&), step L back (4)
5&6 Step R back (5), step L next to R (&), step R back (6)
7,8 Rock L back (7), recover to R (8) [12.00]

[17 - 24] Cross Rock, Chassé Into ¼ L, Step Fwd., ¼ Turn L, Cross Shuffle

1, 2 Rock L across R (1), recover to R (2)
3&4 Step L to side (3), step R next to L (&), ¼ turn L stepping L fwd. (4) [09.00]
5, 6 Step R fwd. (5), ¼ turn L recovering weight on LF (6) [06.00]
7&8 Step R across L (7), step L to side (&), step R across L (8) [06.00]

[25 - 32] L Side Rock, Coaster Step, Rocking Chair

1, 2 Rock L to side (1), recover to R (2)
3&4 Step L back (3), step R next to L (&), step L fwd. (4)
5 - 8 Rock R fwd. (5), recover (6), rock R back (7), recover [06.00]

Part B: 50 counts

[33 - 40] (Step Fwd., ½ Turn, Shuffle Fwd.) 2x

1, 2 Step R fwd. (1), ½ turn L and weight to LF (2)
3&4 Step R fwd. (3), step L next to R (&), step R fwd. (4)
5, 6 Step L fwd. (5), ½ turn R and weight to RF (6)
7&8 Step L fwd. (7), step R next to L (&), step L fwd. (8)

[41 - 48] Rock R Fwd., Coaster Step, Step L Fwd., ½ Turn, Shuffle L Fwd.

1, 2 Rock R fwd. (1), recover (2)
3&4 Step R back (3), step L next to R (&), step R fwd. (4)
5, 6 Step L fwd. (5), ½ turn R and weight on RF (6)
7&8 Step L fwd. (7), step R next to L (&), step L fwd. (8)

[49 - 56] Walk R-L-R Fwd., Point L To Side, Walk L-R-L Back, Point R To Side

1 - 3 Walk R+L+R fwd. (1,2,3)
4 Point LF to side (4)
5 - 7 Walk L+R+L back (5,6,7)
8 Point R to side (8)

[57 - 64] Step Fwd., Point L To Side, Together, Point R To Side, Together, Point L To Side, Cross, Step R Back, Chassé L

1,2& Step R fwd. (1), point L to side (2), step L next to R (&
3&4 Point R to side (3), step R next to L (&), point L to side (4)
5, 6 Step L across R (5), step R back (6)
7&8 Step L to side (7), step R next to L (&), step L to side (8)

[65 - 72] Cross, Step L Back, Chassé Into ¼ R, Rock L Fwd., Together, Step R+L Back

1, 2 Step R across L (1), step L back (2)
3&4 Step R to side (3), step L next to R (&), ¼ R stepping R fwd. (4)
5,6& Rock L fwd. (5), recover to RF (6), step L next to R (&
7, 8 Walk R+L back (7,8)

[73 - 80] Rock R Back, Shuffle R Fwd., Step L Fwd., ½ Turn R, Shuffle L Fwd.

1, 2 Rock R back (1), recover (2)
3&4 Step R fwd. (3), step L next to R (&), step R fwd. (4)
5, 6 Step L fwd. (5), ½ turn R and weight on RF (6)
7&8 Step L fwd. (7), step R next to L (&), step L fwd. (8)

[81 - 82] Step R Fwd., ¾ L

1, 2 Step R fwd. (1), ¾ turn L changing weight to LF

Part C: 16 counts

[83 - 90] (Side Rock, Cross Shuffle) 2x

1, 2 Rock R to side (1), recover (2)
3&4 Step R across L (3), step L to side (&), step R across L (4)
5, 6 Rock L to side (5), recover (6)
7&8 Step L across R (7), step R to side (&), step L across R (8)

[91 - 98] Side, Together, R Shuffle Fwd., L Rock Fwd., Touch L Back, Unwind ½ Turn L

1, 2 Step R to side (1), step L next to R (2)
3&4 Step R fwd. (4), step L next to R (&), step R fwd. (4)
5, 6 Rock L fwd. (5), recover (6)
7, 8 Touch LF back (7), unwind ½ L placing weight on LF

Begin again!

Tag: During the last part A (facing 12.00), dance up to count 14 (Part A, section 2, count 6) and add:

7, 8 Step L back (7), touch R next to L (8)

Skip the rest of part A and begin part B

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