

A Present For Me

拍数: 32 墙数: 4 级数: Improver
编舞者: Lisa McCammon (USA) - October 2020
音乐: My Kind Of Present - Meghan Trainor
或: I Like My Cowboys Dirty - Bridgette Tatum
或: Lie to Me - Jonny Lang



#32 count intro

Alt. music:-

I Like My Cowboys Dirty by Bridgette Tatum, 118 bpm, 16 count intro (country)
Lie To Me by Johnny Lang, 114 bpm, 32 count intro (blues)

Clockwise rotation; start weight on L, R heel forward (prepare quick ball step R)

BALL-WALK-WALK, TRIPLE FORWARD; ROCK, RECOVER, TRIPLE BACK

& Close R
1-2, 3&4 Walk forward L, R, step forward L, close R, step forward L
5-6, 7&8 Rock forward R, recover L, step back R, close L, step back R

STEP BACK L, POINT SIDE R, STEP FORWARD R, POINT SIDE L; CROSS, SIDE, TAILOR ¼

1-4 Step back L, point R to side, step forward R, point L to side
5-6 Cross L, step R to side whilst sweeping L back
7&8 Turn left ¼ [9] stepping L back, small step side R, step L to side (HINT: over-rotate slightly)

CROSS, SIDE- BEHIND-&-HEEL-&-CROSS, HOLD, &-CROSS, POINT

1-2 Cross R, step L to side
3&4 Step R behind, close L, touch R heel forward to R diagonal
&5-6 Close R, cross L, HOLD
&7-8 Step R to side, cross L, point R to side (HINT: prep Monterey ½ turn)

TURN RIGHT ½, POINT L TO SIDE, BALL-SIDE, TOUCH; HEEL, HEEL-&-HEEL, HEEL

1-2 Keeping weight on L, turn right ½ [3] onto R, point L to side
&3-4 Close L, step R to side, touch L home
5-6 Touch L heel forward twice
&7-8 Close L, touch R heel forward twice

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