

Dance Elita

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Kim Ray (UK) - October 2020
音乐: Elita - Gary Barlow, Michael Bubl  & Sebasti n Yatra : (Album: Music Played By
Humans - Deluxe - 3:30)



Intro: 8 counts

S1: RIGHT CHA CHA, LEFT CHA CHA, ROCK CHAIR & RUN FORWARD

1-2& Large step to right side dragging left in, step left next to right, step right next to left
3-4& Large step to left side dragging right in, step right next to left, step left next to right
5& Rock forward on right, recover back on left
6& Rock back on right, recover forward on left (counts 1-6& using your hips)
7&8 Small runs forward, right, left and right (dipping slightly down and up as you run forward)

TAG: danced here on wall 8 with step change to count 8 by stepping right to right side instead of forward

S2: MAMBO FORWARD, MAMBO BACK, STEP FORWARD   PIVOT RIGHT STEP FORWARD, FULL TURN LEFT STEP SIDE RIGHT

1&2 Rock forward on left, recover back on right, step back on left
3&4 Rock back on right, recover forward on left, step forward on right (12:00)
5&6 Step forward on left,   pivot turn right, step forward on left (6:00)
7&8   turn left stepping back on right,   turn left stepping forward on left, step right to right side (dragging left to right)

TAG: danced here on walls 2 (12:00) and wall 5 (6:00)

S3: BEHIND SIDE CROSS HITCH, FRONT SIDE BEHIND HITCH,   TURN RIGHT BEHIND SIDE CROSS & CROSS & SIDE ROCK/RECOVER

1&2& Cross left behind right, step right to right side, cross left behind right, hitch right up
3&4& Cross right over left, step left to left side, cross right behind left starting to make   turn right, hitch left up finishing   turn right (9:00)
5& Cross left behind right, step right to right side
6&7 Cross left over right, step right to right side, cross left over right
&8 Side rock right to right side, recover on left

S4: DIAGONAL SHUFFLE &   TURN LEFT DIAGONAL SHUFFLE, SIDE ROCK/RECOVER CROSS,   RIGHT STEP FORWARD, CROSS

1&2 Facing 7:30 shuffle forward stepping right, left, right
&3&4   turn left and shuffle forward left, right, left (1:30)
5&6 Side rock right, recover on left, cross right over straightening up to 12:00
&7-8   turn right stepping slightly back on left,   turn right stepping forward on right, cross left over right (6:00)

TAG 1: KNEE POPS : during walls 2 (12:00), 5 (6:00) & 8 (6:00)

1-2 Pop left knee forward, take weight on left and pop right knee forward
&3 Take weight on right and pop left knee forward, take weight on left pop right knee forward
4 Touch right toe next to left

Last wall: You will start last wall (wall 10) facing 12:00 dance to counts 2& of S3 (6:00) then quickly cross right over left and   turn left to finish at front.

