Seasons of the Wind (風的季節) 2.0



编舞者: Betty Dance (HK) - October 2020

音乐: Season Of The Wind (風的季節) - Paula Tsui (徐小鳳)



Intro: 16 (2x8) counts

Section 1: (SIDE, ROCOVER, CROSS SHUFFLE) L & R

1-2-3&4 Step L to L side, recover R, cross L over R, step R next to L, cross R over L 5-6-7&8 Step R to R side, recover L, cross R over L, step L next to R, cross L over R

Section 2: STEP FORWARD L, POINT R, REPLACE L, STEP FORWARD R, POINT L, REPLACE R, ROCKING CHAIR (L & R)

1&2-3&4 Step forward L, move R to R side on ball without weight, replace weight to L. Step forward R,

move L to L side on ball without weight, replace weight to R

5-6-7-8 Rock forward L, step R in place, Rock back L, step R in place

Section 3: (SIDE, BACK, SIDE, HITCH) L & R

1-2-3-4 Step side L, step back R behind L, step side L, hitch R (with knee raised straight up)
5-6-7-8 Step side R, step back L behind R, step side R, hitch L (with knee raised straight up)

Section 4: (SIDE, BACK, RECOVER) L & R (TWICE)

1&2-3&4 Step side L, step back R behind L, recover R, step side R, step back L behind R, recover L Step side L, step back R behind L, recover R, step side R, step back L behind R, recover L

Section 5: (SIDE, TOGETHER, SIDE, TICK)X2

1-2-3-4 Step side L, step R next to L, step side L, kick R 5-6-7-8 Step side R, step L next to R, step side R, kick L

Section 6: (CROSS, LOCK)x3, CROSS LOCK, STEP FORWARD, ½ PIVOT TURN (6:00), FORWARD SHUFFLE

1&2&3&4 Cross L in front of R, lock R on ball without weight)x3, cross L in front of R

5-6-7&8 Step forward L, ½ pivot turn with weight ending on R (6:00), step forward L, step ball of R

next to L, step forward L

Section 7 (at 6:00) (L HEEL FORWARD, L STEP BACK, R HEEL FORWARD, R HEEL BACK) x 2

1-2-3-4 L heel forward, L step back, R heel forward, R step back next to L 5-6-7-8 L heel forward, L step back, R heel forward, R step back next to L

Section 8 (at 6:00)

REPEAT Section 6

Section 9 (at 12:00)

REPEAT Section 7

Dance sequence

Section 1-5 (Verse 1)

Section 1-5 (Verse 2)

Section 6-9 (Chorus)

Tag (16 counts)

Section 1-5 (Verse 3)

Section 1-5 (Verse 4)

Section 6-9 (Chorus)

Tag (8 counts)

Section 1-5 (music) Section 6-9 (Chorus) Tag till ending

Please watch my demo & walk through videos for practice!

Let's be happy & dance in the sun!

Enjoy dancing with Betty (Associate Degree and Licentiate Degree of Line Dancing, Qualified Teacher of Line Dancing (International Dance Teachers' Association, UK))

END