

Ayo Mama

拍数: 64 墙数: 2 级数: Improver
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音乐: Ayo Mama - Rinto nine : (Cover)



Start on vocal

Sec 1 : Walk fwd x3, hitch, walk backwards x3, touch

1-3, 4 Walk forward R-L-R, LF hitch
5-7, 8. Walk backwards L-R-L, RF touch beside

Sec 2 : Touch fwd, touch side, sailor step, touch fwd, touch side, 1/4turn L sailor step

1-2. Touch fwd R, touch side R
3&4. Step RF behind, LF side, RF side
5-6. Touch fwd L, touch side L
7&8. 1/4 turn L ,step LF behind, RF side, LF side (facing 9.00)

Sec 3 : Rock, recover, shuffle turn x2, back, recover

1-2 Rock R, recover L
3&4 1/2 turn R RF fwd, side L, fwd R (facing 3.00)
5&6 1/2 turn R LF backwards L, side R, backwards L
7- 8. Step backwards R, recover L(facing 9.00)

Sec 4 : Monterey 1/4 turn R x2

1- 2 Point touch R to the side, 1/4 turn R close together R (facing 12.00)
3- 4 Point touch L to the side, LF close next RF
5- 6 Point touch R to the side, 1/4 turn R close together R (facing 3.00)
7- 8 Point touch L to the side, LF close next RF

Sec 5 : Walk backwards x4, back touch, fwd touch

1- 4 Walk backwards R-L-R-L
5- 6. Step backwards R, touch side L
7- 8. Step fwd L, touch side R

Sec 6 : Step Back, Recover, Step Fwd, 1/4 turn L , Recover, Jazz Box

1- 2. Step back R, recover L
3- 4. Step fwd R, 1/4 turn L Recover L (facing 12.00)
5-6-7-8 Step Cross R, Step Behind L, Step Side R, Step Fwd L

Sec 7 : Rocking Chair Touch, Step Fwd x2 ,1/2 turn L , Step Fwd, Touch

1- 2. Step fwd R, recover L
3- 4. Step backwards R, touch to the side L
5- 6. Step fwd L- R
7- 8. 1/2 turn L step fwd L, touch beside R (facing 6.00)

Sec 8 : Walk to the Side x3, Heel touch (x2 R-L)

1-2-3-4 Step side R, close together L, step side R, heel touch diagonal L
5-6-7-8 Step side L, close together R, step side L, heel touch diagonal R

Tag 1: (4C) on wall 1, 2, 4, 5 after 32C & after finished wall 1 & 4

Sway x4

1- 4 Sway R-L-R-L

Tag 2 then Restart : (4C) on wall 3 after 32C
Sway x4 while 1/4 turn to the L (facing 12.00)

Happy Dancing, Stay Healthy ☐☐☐

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