

Nah, Nah, Nah

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4
编舞者: Kim Liebsch (DK) - October 2020
音乐: This Love - Camila Cabello

级数: Intermediate Rolling Count



Intro: 16 counts (appr.16 sec.) Start with weight on L foot

Tag: After wall 2, see description (*6:00)

Ending: After 31 counts- Make coaster step(12:00)

#1 section: Back rock ball step, ¼ turn weave with sweep, behind side step(diagonal),step turn step

1-2a3 Rock back on R, recover on L, step R next to L, step fw. on L 12:00
4&a5 Make ¼ turn R stepping R to R side, cross L over R, step R to R side, step L behind R while sweeping R 3:00
6a7 Cross R behind L, step L to L side, step fw. on R(diagonal) 1:30
8&a Step fw. on L, make ½ turn R stepping fw. on R, step fw. on L 7:30

#2 section: Side rock (6:00) cross ¼ turn with sweep, sailor step step back with sweep X 2, behind ¼ turn step

1-2a3 Rock R to R side, recover on L, cross R over L, make ¼ turn R stepping back on L while sweeping R 9:00
4&a5 Cross R behind L, step L to L side, step R to R side, step back on L while sweeping R 9:00
6&a7 Cross R behind L, step L to L side, step R to R side, step back on L while sweeping R 9:00
8&a Cross R behind L, make ¼ turn L stepping fw. on L, step fw. on R 6:00

#3 section: Rock recover ball ¼ turn with point(prepare), step ¾ turn cross, recover side cross(diagonal), mambo ½ turn

1-2a3 Rock fw. on L, recover on R, step L next to R, make ¼ turn R stepping R to R side while pointing L to L 9:00
4&a5 Make ¼ turn L stepping down on L, make ½ turn L stepping back on R, make ¼ turn L stepping L to L side, cross rock R over L 9:00
6a7 Recover on L, step R to R side, step fw. on L(diagonal) 10:30
8&a Rock fw. on R, recover on L, make ½ turn R stepping fw. on R 4:30

#4 section: Step step ½ turn, run 5/8 L, step ½ turn back, recover ½ turn back

1-2-3 Step fw. on L, step fw. on R, make ½ turn L stepping fw. on L 10:30
4&a5 Run R-L-R-L 5/8 L 3:00
6a7 Step fw. on R, make ½ turn R stepping back on L, step back on L 9:00
8&a Recover on L, make ½ turn L stepping back on R, step back on L 3:00

Tag Back rock ball rock, recover ball

1-2a3 Rock back on R, recover on L, step R next to L, step fw. on L 6:00
4a Recover on R, step L next to R 6:00

Good Luck & N'joy!

(Contact: kimliebsch on Instagram or liebsch@ymail.com)