

Old Friends

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Frédéric Marchand (FR) - 9 October 2020
音乐: Old Friends - Brantley Gilbert



Intro : 12 Seconds - Start on the word « FRIEND » - Bodyweight on the right foot
Séquence: 48 - 48 - 12 R - 48 - 48 - 48 - 36 R - 48 - 48 - 30 FINAL
Style : WALTZ (2+2 walls)

S1 DIAGONAL RIGHT LEFT TWINKLE 3/4 TURN LEFT, STEP RIGHT FWD, SWEEP LEFT 1/8 TURN RIGHT

- 1-3 In the right diagonal step Left Fwd (1) [01:30] - Make 1/2 turn Left stepping Right Back (2) [07:30] - Make 1/4 turn Left stepping Left Fwd (3) [04:30]
4-6 Step Right Fwd (Weight Ends On Right) (4) - Make a circular movement with the Left leg from back to front on 1/8 of a turn to the Right (5-6) [06 o'clock]

S2 LEFT TWINKLE CURVED, RIGHT TWINKLE 1/2 TURN RIGHT

- 1-3 In the Right diagonal step Left Fwd (1) [07:30] - Step Right next to the Left (2) [06 o'clock] - In the Left diagonal step Left Fwd (3) [04:30]
4-6 Step Right Fwd (4) - Make 1/4 turn Right stepping Left Back (5) [07:30] - Make 1/4 turn Right stepping Right Fwd (6) [10:30]

RESTART here on the wall 3 at 9 o'clock

S3 STEP LEFT FWD, SWEEP RIGHT, STEP RIGHT FWD, SWEEP LEFT

- 1-3 Step Left Fwd (Weight Ends On Left) (1) - Make a circular movement with the Right leg from back to front (2-3) [10:30]
4-6 Step Right Fwd (Weight Ends On Right) (4) - Make a circular movement with the Left leg from back to front (5-6) [10:30]

S4 STEP LEFT FWD, HITCH RIGHT, HOLD, RECOVER RIGHT, SWEEP LEFT WITH FOLLOWTHROUGHT

- 1-3 Step Left Fwd (Weight Ends On Left) (1) - Raise Right Knee (2) - Hold (3)
4-6 Step Right Back (Weight Ends On Right) (4) - Make a circular movement with the Left leg from front to back and finish Left foot next to the Right foot (Weight Ends On Right) (5-6)

S5 STEP LEFT FWD, SWEEP RIGHT 2/8 TURN LEFT, RIGHT TWINKLE 1/2 TURN RIGHT

- 1-3 Step Left Fwd (Weight Ends On Left) (1) [10:30] - Make a circular movement with the right leg from back to front on 2/8 of a turn to the Left (2-3) [07:30]
4-6 Step Right Fwd (4) - Make 1/4 turn Right stepping Left Back (5) [10:30] - Make 1/4 turn Right stepping Right Fwd (Weight Ends On Right) (6) [01:30]

S6 DIAMOND 1/2 TURN LEFT

- 1-3 Step Left Fwd (1) - Make 1/8 turn Left stepping Right to Right Side (2) [12 o'clock] - Make 1/8 turn Left stepping Left Back (3) [10:30]
4-6 Step Right Back (4) - Make 1/8 turn Left stepping Left to Left Side (5) [09 o'clock] - Make 1/8 turn Left stepping Right Fwd (Weight Ends On Right) (6) [07:30]

RESTART here on the wall 7 at 9 o'clock

S7 ROCK STEP LEFT, RECOVER RIGHT, SIDE LEFT 1/8 TURN LEFT, CROSS RIGHT, SIDE LEFT, BEHIND RIGHT

- 1-3 Step Left Fwd (1) [07:30] - Recover on Right (2) - Make 1/8 turn Left stepping Left to Left Side (3) [06 o'clock]
4-6 Cross Right over Left (4) - Step Left to Left side (5) - Cross Right behind Left (6)

S8 SLIDE LEFT, DRAG RIGHT, 1/4 TURN RIGHT, 1/2 TURN RIGHT, 1/4 TURN RIGHT

- 1-3 Big step Left to Left side (1) - Drag Right next to the Left (Weight Ends On Left) (2-3)
4-6 Make 1/4 turn Right stepping Right Fwd (4) [09 o'clock] - Make 1/2 turn Right stepping Left
Back (5) [03 o'clock] - Make 1/4 turn Right stepping Right to Right Side (6) [06 o'clock]

FINAL: SECTION 5 - Replace RIGHT TWINKLE 1/2 TURN RIGHT by RIGHT TWINKLE 5/8 TURN RIGHT to finish at 12 o'clock

INTRO 12 Seconds Start on the word « FRIEND »

- 48 (Start 12h00 - End 06h00)
48 (Start 06h00 - End 12h00)
12 (Start 12h00 - End 09h00) RESTART (Change of dance orientation 9 o'clock - 3 o'clock)
48 (Start 09h00 - End 03h00)
48 (Start 03h00 - End 09h00)
48 (Start 09h00 - End 03h00)
36 (Start 03h00 - End 09h00) RESTART
48 (Start 09h00 - End 03h00)
48 (Start 03h00 - End 09h00)
30 (Start 09h00 - End 12h00) FINISH

Start again with a smile V1-UK-FM le 09/10/2020

Contact : fred.linedance@gmail.com
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