

Life Is Good

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Eun Mi Lim (KOR) - October 2020
音乐: The Rebirth (인생은 즐거워) - Jessi (제시)



Intro: 48 count (approx. 30secs) - No Tags & Restarts!

S1: Side, Together, Chasse, Forward Shuffle, 1/2Turn R & Forward Shuffle

1-2 Step R to right side, Step L next to R
3&4 Step R to right side, Step L next to R, Step R to right side
5&6 Step L forward, Step R next to L, Step L forward
7&8 1/2turn R stepping step R forward, Step L next to R, Step R forward

S2: Diagonal Forward (L - R), Hip Roll, Hitch, Point, 1/4Turn R & Forward, 1/4Turn R & Side

1-2 Step L forward diagonal left, Step R forward diagonal right
3-4 Hip rolling counterclockwise of 2counts
5-6 Hitch R across L, Point R to right side
7-8 1/4turn R stepping R forward, 1/4 R stepping L to left side

S3: Rock Back/Recover, Kick-Ball-Cross Twice, Rock Side/Recover

1-2 Rock R back, Recover on L
3&4 Kick R to diagonal right, Step R next to L, Cross L over R
5&6 Kick R to diagonal right, Step R next to L, Cross L over R
7-8 Rock R to right side, Recover on L

S4: Cross Shuffle, Side, Behind, Chasse 1/4L, Rock Forward/Recover

1&2 Cross R over L, Step L to left side, Cross R over L
3-4 Step L to left side, Cross R behind L
5&6 Step L to left side, Step R next to L, 1/4turn L stepping L forward
7-8 Rock R forward, Recover on L

Enjoy Dancing Always!

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