

A Promise (Qian Shi De Yue Ding / 前世的約定)

COPPER KNOB
STEPSHEETS

拍数: 16 墙数: 4 级数: Improver
编舞者: Erni Jasin (INA) - September 2020
音乐: Qian Shi De Yue Ding (前世的約定) - Zhang Shi Yu (張師口)



No Tags No Restart

Music Intro : 16 Counts (Start on Vocal)

SEC : 1 - BASIC NC, STEP SIDE, 1/2 TURN R, STEP SIDE, ROCK DIAGONAL, RECOVER, STEP DIAGONAL BACK, HOOK, STEP FWD, 1/8 TURN R TWINKLE, RECOVER, STEP FWD

12& Big Step R to right side (1), Step L behind R (2), Cross R over L (&)
3&4 Step L to left side (3), 1/2 Turn R Step R to right side (&), Rock L diagonal (4) (7:30)
5&6& Recover on R (5), Step L diagonal back (&), R Hook (6) Step R forward (&)
7&8 1/8 Turn right Step L to left side (7), Recover on R (&), Step L forward (8) (9:00)

SEC : 2 - STEP FWD, 1/2 PIVOT TURN L, STEP FWD, FULL TURN R, STEP FWD, RECOVER, STEP BACK, COASTER STEP, STEP FWD

1&2 Step R forward (1), 1/2 turn L Stepping on L (&), Step R forward (2) (3:00)
3&4 1/2 Turn R Step L back (3), 1/2 Turn R Step R forward (&), Step L forward (4) (3:00)
5 6 Recover on R (5), Step L back (6) (option with sweep on L)
7& Step R back (7) (option with sweep on R) Step L back next to R (&)
8& Step R forward (8) Step L forward (&)

Enjoy the dance & Stay Healthy

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