Irish Swing



拍数: 64 墙数: 4 级数: Intermediate / Advanced

编舞者: Angéline Fourmage (FR) - October 2020



Start: 16 count

Sequence: A-A-32-A-A-A

[1-8] Rock-Step, Weave, Heel, Together, Touch, Together, Heel, Together, Touch, Together

RF to the R side, Recover to LF 1-2

3&4 Cross RF behind LF, LF to L side, Cross RF over LF

Touch L Heel FW, LF next to RF, Touch RF behind LF, RF next to LF 5&6& Touch L Heel FW, LF next to RF, Touch RF behind LF, RF next to LF 7&8&

[9-16] Rock-Step, Weave, Heel, Together, Touch, Together, Heel, Together, Touch

1-2 LF to the L side, Recover to RF

3&4 Cross LF behind RF, RF to R side, Cross LF over RF

Touch R Heel FW, RF next to LF, Touch LF behind RF, LF next to RF 5&6&

Touch R Heel FW, RF next to LF, Touch LF behind RF 7&8

[17-24] Triple-Step, Triple-Step, Rock-Step, Chassé 1/4 L

LF FW, RF next to LF, LF FW 3&4 RF FW, LF next to RF, RF FW

5-6 LF FW, Recover to RF

7&8 Make 1/4 L with LF to L side, RF next to LF, LF to the L side

[25-32] Rock-Step, Triple Turn, Coaster-Step, Rock-Step, Point, Clap, Clap

RF FW, Recover to LF 1-2

3&4 Triple-Turn R (Make ½ R with RF FW, Make ¼ R with LF next to RF, Make ½ R with RF FW)

(Option : Coaster-Step)

5-6& LF FW, Recover to RF, LF next to LF

Point RF to the R side, Clap, Clap *Restart (3:00) 7&8

[33-40] Cross, Hold, Ball, Cross, Point, Sailor-Step ½ L, Stomp Up, Stomp Up

1-2& Cross RF over LF, Hold, LF to the L side 3-4 Cross RF over LF, Point LF to the L side

5&6 Sailor-Step ½ L (Cross LF behind RF, Make ¼ L with RF to the R side, Make ¼ L with LF

FW)

7-8 R Stomp Up FW, R Stomp Up FW (Weight is on LF)

[41-48] Cross, Hold, Ball, Cross, Point, Sailor-Step ½ L, Stomp Up, Stomp Up

1-2& Cross RF over LF, Hold, LF to the L side 3-4 Cross RF over LF, Point LF to the L side

5&6 Sailor-Step ½ L (Cross LF behind RF, Make ¼ L with RF to the R side, Make ¼ L with LF

FW)

7-8 R Stomp Up FW, R Stomp Up FW (Weight is on LF)

[49-56] Rock-Step, Coaster-Step, Brush, Hitch, Step FW, Brush, Hitch, Step FW

1-2 RF FW, Recover to LF

3&4 RF Back, LF next to RF, RF FW Brush LF FW, L Hitch FW, LF FW 5&6 Brush RF FW, R Hitch FW, RF FW 7&8

[57-64] Rock-Step, Chassé ½ L, Brush, Hitch, Brush, Hitch

1-2 LF FW, Recover to RF

3&4 Chassé ½ L (Make ¼ L with LF to the L side, RF next to LF, Make ¼ L with LF FW)

5&6 Brush RF FW, R Hitch FW, RF FW7&8 Brush LF FW, L Hitch FW, LF FW

Smile and enjoy the dance

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